

SPART®

www.spartfitness.it

GROUP TRAINING

PUMP SETS
BODY BARS
PUNCHING BAGS
STEPS / MATS
MEDICINE BALLS
EXERCISE BALLS
STABILITY TRAINING
YOGA / PILATES
VINYL DUMBBELL
ELASTIC BANDS
FOAM ROLLERS

PUMP SET

TECHNICAL MEASURES
Rubber plate pl26c: 1.25kg / 2pcs, 2.5kg / 2pcs, 5kg / 2pcs
Chromed hollow bar: 28 / 30 x 1300 mm Spring collar: 1pair

▶ GT1000B





> ST1042

▶ GT1010

PUMP SET RACK

TECHNICAL MEASURES Assembly Size: 153 x 80 x 150 cm

▶ GT1500





PUMP SET **RACK**

Assembly Size: 109 x 63 x 136 cm

BODY BAR

TECHNICAL MEASURES
Steel tube covered with tearproof foam.

Φ 25 / 2kg / L1250mm Φ 25 / 3kg / L1250mm Φ 25 / 4kg / L1250mm Φ 25 / 5kg / L1250mm Φ 28 / 6kg / L1250mm Φ 32 / 8kg / L1250mm Φ 36 / 10kg / L1250mm Φ 40 / 12kg / L1250mm

BODY BAR RACK

TECHNICAL MEASURES

Assembly Size: 126 x 68 x 131 cm

PUNCHING STAND

TECHNICAL MEASURES

PUNCHING BAG

20 kg Diam. 35 cm H 80 cm 30 kg Diam. 35cm H 100 cm

40 kg Diam. 35cm H 120 cm 50 kg Diam. 35cm H 150 cm 60 kg Diam. 35cm H 180 cm

Coated in resistant single-sided vinyl and filled with pressed rags and a layer of felt, to avoid deformation over time, this punching bag comes complete with chain and carabiner.

Weight 125 kg - filled with water Weight 200 kg - filled with sand Equipped with non-slip rubber pads Adjustable height: 165 - 179 - 193 - 207cm.

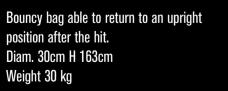




>SB2000



>SB6008



FREE STANDING PUNCHING BAG





> SP2018



▶ CD8033



CD8034 ► CD8034



STEP PLATFORM

TECHNICAL MEASURES Assembly Size: 106 x 43 cm

Adjustable heights: 12-17-22 cm

Step platform that can be used as a standard step, or to increase the difficulty of the workout using the modular bases for different training options.

AEROBIC STEP

TECHNICAL MEASURES
Dimension: 98 x 38 cm
Adjustable heights: 10-15-20 cm
for all fitness levels.

AEROBIC STEP

TECHNICAL MEASURES

Dimension: 110 x 41 cm Adjustable heights: 10-15-20 cm for all fitness levels.

NBR YOGA MAT

TECHNICAL MEASURES Size: 180 x 60 x 1 cm 180 x 60 x 1.5 cm

TPE YOGA MAT

TECHNICAL MEASURES

Size: 180 x 60 cm Thickness: 0.6 cm

PVC YOGA MAT TECHNICAL MEASURES

Size: 100 x 60 cm Thickness: 0.6 cm

> FY1002



> FY1003



> FY1005



▶ GT1020



SPART

CD8037 ► CD8037



▶ GT3502



RACK

TECHNICAL MEASURES

GT1020

Dimension 60x30 cm.

Max number of mats: about 20

GT1021

Dimension 59x34 cm.

Max number of mats: about 20

MEDICINE

TECHNICAL MEASURES

Bouncing ball for Pilates, functional training, group activities, sports training and medical

Weight: 1kg-10kg in 1kg increments

MEDICINE BALL

TECHNICAL MEASURES
Stores up to 10 medicine balls.
Assembly size: 107 x 56 x 147 cm

EXERCISE BALL

TECHNICAL MEASURES

Fit Ball ideal for Pilates workout and postural exercises.

Diameter: 55 - 65 - 75 cm

STABILITY DISC

Adjustable cushion for functional training, useful to improve stability and motor coordination. Diameter 39 cm.

BALANCE BOARD

Proprioceptive wooden balance board, to develop strength, coordination and balance. Equipped with non-slip support base for safe training. Diameter 40 cm.

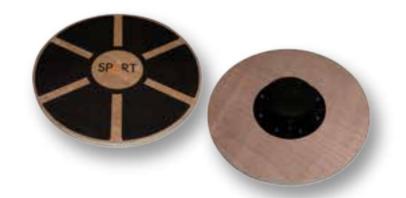
CD8045 ► CD8045



▶ CD8015



▶ CD8016



CE1788 → **CE1788**



CE1762 → CE1762



CD8046 ► CD8046



PILATES RING

TECHNICAL MEASURES

Ring equipped with two side handles, ideal for training the upper body but also, positioned between the thighs, to increase the workout of the adductors. Size Diam 36 cm

YOGA

TECHNICAL MEASURES

Brick for Yoga and soft gymnastics, group fitness and various bodyweight exercises. Dimension: 23 x 15 x 8 cm (H)

SOFT BALL PILATES

TECHNICAL MEASURES

Suitable for various exercises ranging from muscle strengthening to soft gymnastics. Useful in Pilates training, in pre and postpartum courses and in courses with senior people.

Diam. 23 cm

SQUAT BELT

TECHNICAL MEASURES

Russian belt made in polypropylene with neoprene pad. Length 140 cm. Great for training quadriceps, hamstrings, back and neck.

HALF BALL WITH HANDLES

Half Ball equipped with handles.

Dimensions Diam 69 cm x 25 cm (H).

Max loading 150 kg.

HALF BALL

Half Ball available color Black or Orange. Dimensions Diam 69 cm x 25 cm (H). Max loading 150 kg.



> WL7113



CD8017 CD8017



> WL3002



WL3011



CD8018 CD8018





▶ CP1100



VINYL DUMBBELL RACK

TECHNICAL MEASURES 64 x 53 cm x 118 (H)

<mark>VINYL</mark> DUMBBELL

These comfortable and colored small dumbbells are indicated for all fitness group classes.

From 1 to 5 kg with 1 kg increments

NEOPRENE ANKLETS/ WRISTS

They allow a vast amount of exercises in fitness and for the gradual rehabilitation of muscle tone. Equipped with neoprene lining, they have a comfortable adjustable closure and are ideal for supporting wrists and ankles during training.

From 0.5 kg to 2.5 kg with 0.5 kg increments

ELASTIC ROLLS/BAND

Resistance levels: light - medium - strong extrastrong.

BE1720 Size: 25m BE1730 Size: 120cm

ELASTIC

Made in Italy elastic tube, supplied with belt for traction. Great system for explosive strength training.

Resistance levels: light - medium - strong -

ASTIC TUBE

Made in Italy elastic tubes. Resistance levels: light - medium - strong extrastrong

ELASTIC RINGS

Made in Italy elastic tubes. Resistance levels: light - medium - strong extrastrong

▶ BE1720/1730



▶ BE1740





▶ BE1770



▶ CE6112 CE6103



CE6101





▶ GT1030



PRODUCT FEATURES

Ideal for pilates, core, ab and back stabilization and strengthening. Made from premium EVA foam. Essential balance training tool. Release myofascial tightness and self massage of the back, calf, hamstring, glutes and quads. CE6112 Size Diam. 14cm x 33 cm

Maximum user weight: 80 Kg CE6103 Size Diam. 14cm x 33 cm Maximum user weight: 60 Kg

EVA MASSAGE

CE6101 Size Diam. 15 cm x 90 cm

EVA MASSAGE ROLLER SMOOTH

CE6105 Size Diam. 15 cm x 90 cm

EVA ROLLER RACK

It allows to comfortably store up to 7 long rollers.

Size: 107x93x17cm