



PRODUCT CATALOGUE

SPART[®]
SMART TRAINING SOLUTIONS

IMPROVE YOURSELF

HARD TRAINING FOR BODY
AND MIND

SPART



THE COMPANY



Spart® is a young and dynamic start up, in the field of sport & wellness, managed by professionals with a long experience in Fitness and Health Industry. We design and realize smart and effective training solutions, to give fitness operators the tools to increase, satisfy and retain their customers.

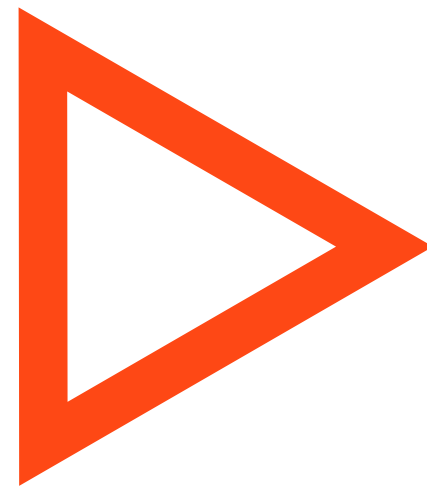
Our mission is to promote movement and physical activity, so that sport become part of the lifestyle of an increasing number of people.

Be strong, be smart.

Discover our Smart Training Solutions!



PRIMORDIAL MOVEMENTS IN THE DNA



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07

WEIGHT LIFTING

OLYMPIC BARS
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KETTLEBELL
DUMBBELL
WOODEN JERK BLOCKS
WEIGHTLIFTING PLATFORM
DROP MATS
HANDLEBARS



▷ OBM-86-80-66-47C



OLYMPIC BAR

Full olympic barbell line, abrasion resistant on the barshaft and sleeves, and realized in industrial hard chrome.

Equipped with bearings and brush bushing for remarkable characteristics of resistance and flexibility, ideal for weightlifting and crosstraining.

Maximum load for the first two bars 700Kg

PRODUCT FEATURES

- **OLYMPIC WL BAR(OBM-86)**
Total Length: 2200mm
Satin Finish: Abrasion resistant industrial hard chrome on the bar shaft and sleeves
- **WOMEN'S OLYMPIC WL BAR(OBM-80)**
Total Length: 2010mm
Satin Finish: Abrasion resistant industrial hard chrome on the bar shaft and sleeves
- **JUNIOR TRAINING BAR(OBM-66)**
Total Length: 1680mm
Satin Finish: Abrasion resistant industrial hard chrome on the bar shaft and sleeves
- **SHAPED BAR(OBM-47C)**
Total Length: 1200mm
Satin Finish: Abrasion resistant industrial hard rock oxide on the bar and chrome on the sleeves



▷ OBM-86-MBB



▷ OBM-80-HBB



▷ OBM-86C



CERAKOTE COATING



▷ OBM-80C



CERAKOTE COATING



MAN CROSS BAR

Olympic barbell, realized in total black design. Equipped with **brass bushing**, great for crosstraining.

Maximum load 700 Kg

WOMAN CROSS BAR

Olympic barbell, realized in total black design. Equipped with **brass bushing**, great for crosstraining.

Maximum load 700 Kg

MAN CERAKOTE BAR

Olympic barbell abrasion resistant on the barshaft and sleeves, and realized in industrial hard chrome. Equipped with **bearings** and **brass bushing** so remarkably resistant and flexible, it is ideal for crosstraining and weightlifting. The ceramic coating in Cerakote alloy makes it extremely resistant and flexible, for the most demanding athletes and crossfitters.

Maximum load 750 Kg

WOMAN CERAKOTE BAR

Olympic barbell abrasion resistant on the barshaft and sleeves, and realized in industrial hard chrome. Equipped with **bearings** and **brass bushing** so remarkably resistant and flexible, it is ideal for crosstraining and weightlifting. The ceramic coating in Cerakote alloy makes it extremely resistant and flexible, for the most demanding athletes and crossfitters.

Maximum load 750 Kg

OLYMPIC BARS RACK

TECHNICAL MEASURES

WL4500 Bar support nine barbells
WL4500 Assembly Size: L50 x W50 x H16cm

FK1018 Bar support eight barbells
FK1018 Assembly Size: L83 x W50 x H30 cm

BARBELL WALL RACK

TECHNICAL MEASURES

Barbell wall rack 6 barbells
Size: 14,5 x 7 cm each - 106 cm (H)

▷ WL4500



▷ FK1018



▷ WL7114



▷ WE1003



▷ WL4001



▷ ST3017



LIFTING BELT

Size: 105 x 10 cm
Size: 115 x 10 cm
Size: 125 x 10 cm

Weight lifting belt, made of high quality leather. Provides a firm grip both on the equipment and on wear clothing, also thanks to the double hook buckle with which it is provided.

HEX BAR

TECHNICAL MEASURES

Assembly size: 168 x 80 x 29 cm
Main pipe: 50 x 3 mm
Packing size: 96 x 45 x 19 cm
G.W./N.W.: 27 Kg / 24 Kg
Max loading: 300 Kg

PRODUCT FEATURES

Ideal for Dead lifts, Squats, Shrugs, Farmers Walk and Core Fitness, our Hex Bar comes with rotating handles which enable user to vary the grip, intensifying and adjusting the workout. Three different handles can adapt to any workout. Elegant Made in Italy design and top reliability.

BARBELL RACK

Size: 46 x 46 x 36 cm (H)
Max loading: 400 Kg

Support designed as a landing base for barbells and help for beginners.

BAR PAD

TECHNICAL MEASURES

Length 45 cm

It is made with foam covered PVC which provides supreme cushion (even with very heavy weights) where the body contacts the barbell to provide maximum cervical vertebrae (neck) support.

BARBELL PAD

TECHNICAL MEASURES

Length 45 cm

SPRING COLLARS

WL8501

Ideal for 50 mm bar

WL8502

Ideal for 50 mm bar

BARBELL COLLARS

CL1003 Aluminium 50mm
CL1001 Plastic 28mm/50mm

Designed to be used on 50mm(or 28mm) Olympic Bar Sleeves Rubberized interior lining to protect bar locking clamp mechanism for secure hold.

WE7003



WE7004



WL8501



WL8502



CL1003



CL1001



WL7003



WE7005



WE7006



WL8014



POWER BAND

A power lifter's favorite! Resistance bands attach to bars and benches for added resistance during lifts. Bands are also an effective stretching tool. Sturdy seamless construction. Colors: RED, BLACK, PURPLE, GREEN, ORANGE

Size:
200cm x 1.3cm x 0.45cm
(Resistance is 7kg - 16kg)
200cm x 2.2cm x 0.45cm
(Resistance is 11kg - 30kg)
200cm x 3.2cm x 0.45cm
(Resistance is 16kg - 38kg)
200cm x 4.4cm x 0.45cm
(Resistance is 22kg - 56kg)
200cm x 6.5cm x 0.45cm
(Resistance is 30kg - 80kg)

GYMNASTIC GRIPS

TECHNICAL MEASURES

This beginner grip is a basic palm protector made of soft leather. Polypropylene wrist cuff and hook and loop closures

WE7005 Size: L, XL

WE7006 Size: S/M, L/XL

GYM CHALK

300 gr

It is designed for climbing on rock or artificial walls. It's also great for use on flying trapeze or for absorbing excess adhesive after taping an aerial hoop.

BLACK BUMPER PLATE

Durable, rugged plates are engineered to meet the most demanding bumper plate standards.
Drop test: 2m x 5000 repetitions
Steel rim bushing
Weights: 5kg-25kg in 5kg increments

RUBBER BUMPER PLATE

Plates feature solid rubber construction
Include solid steel inserts to protect equipment as well as facilitate easier plate loading and removal.
Drop test : 2m x 5000 repetitions
Steel rim bushing.
Weights: 5kg-25kg in 5kg increments

URETHANE BUMPER PLATE(CPU)

CPU Urethane encased outer shell provides unsurpassed durability, because it is molded around a large inner flange to ensure strength and stability.
Drop test : 2m x 10000 repetitions
Steel rim bushing.
Weights: 5kg-25kg in 5kg increments



BUMPER PLATE RACK

TECHNICAL MEASURES
Assembly Size: 146x34x28cm

The rack can be loaded with bumper plate:
1kg x 2pcs, 1.5kg x 2pcs,
2kg x 2pcs, 2.5kg x 2pcs,

5kg x 2pcs, 10kg x 2pcs
15kg x 2pcs, 20kg x 2pcs, 25kg x 2pcs

VERTICAL PLATE RACK

TECHNICAL MEASURES

Size: 74 x 60 x 120 cm (H)

Space saving bumper plate rack,
equipped with wheels.

FRACTIONAL BUMPER PLATE

TECHNICAL MEASURES
CPU urethane encased fractional bumper plates,
providing great durability for a safe and more
personalized powerlifting workout.

Weights:
1kg, 1.5kg, 2kg, 2.5kg

COMPETITION STEEL KETTLEBELL

Steel kettlebells have an unpainted handle, allowing chalk to stick better. Competition colors are used for easy identification. All kettlebells are the same size and diameter-makes going up in weight an easier transition.

Weights:
8kg-24kg in 2kg increments
28kg, 32kg, 36kg, 40kg, 44kg, 48kg

SOFT KETTLEBELL

Made of heavy-duty vinyl, strong and hard-wearing.
Black painting iron handle.
Don't worry about dropping them on your toe or damaging your floor by accident.

Weights:
4kg-10kg in 2kg increments
12kg, 16kg.

CLASSICAL KETTLEBELL

One piece, cast iron bell has no fillers.
New coating makes bells more consistent and durable.
Use for squats, cleans, jerks, snatches, rotational swings and more.

Weights:
4kg - 18 kg in 2kg increments
20kg, 24kg, 28kg, 30kg, 32kg, 36kg, 40kg

▷ WL6002



▷ WL6003



▷ WL6001



▷ WL6007



▷ WL7103



▷ WL7104



PRO STYLE KETTLEBELL

Professional kettlebells with different color for each weight increment.
The wide and flat base allows stability and safety when used as a support for various exercises.
All kettlebells feature a matte black, powder coat finish.

Weights: 4kg-12kg in 2kg increments;
16kg-32kg in 4kg increments

URETHANE KETTLEBELL

The new kettlebell range delivers the durability, toughness and performance exercisers expect from hammer strength.
Featuring a rugged rubber shell and smooth handle, these kettlebells help both athletes and everyday exercisers achieve outstanding results.

Weights:
4kg-12kg in 2kg increments
16kg-24kg in 4kg increments

KETTLEBELL RACK

TECHNICAL MEASURES

Assembly Size: 120 x 52 x 85 cm (H)

HEXAGON DUMBBELL

Cast metal dumbbell heads encased with a thick rubber coating to prevent chipping and help protect floors and equipment. Solid steel knurled ergonomic handle with zinc coating.

Weights:
1kg-10kg in 1kg increments
12.5kg-50kg in 2.5kg increments
55kg-80kg in 5kg increments

▷ WL3005



ROUND DUMBBELL

WL3010

Extremely handy and reliable round rubber dumbbells. Straight and knurled handle for optimal grip, suitable for professional use. New total black design and guaranteed resistance.

TECHNICAL MEASURES

Weights:
1kg-50kg in 2.5kg increments

▷ WL3010



WL7101

Novel exterior, eco-friendly Polyurethane material, high quality, Commercial resistance to high impacts. Steel inside with Hard Chrome handle. Top quality for the professional gym.

TECHNICAL MEASURES

Weights:
1kg-10kg in 1kg increments
12.5kg-50kg in 2.5kg increments

▷ WL7101



▷ WL3105



▷ WL7102 WL7112



DUMBBELL RACK

Assembly Size: 143 x 65 x 87 cm
For 13 pairs dumbbells

DUMBBELL RACK

WL7102(6 Pairs)
Assembly Size: 125 x 52 x 81 cm
WL7112(12 Pairs)
Assembly Size: 245 x 52 x 81 cm

URETHANE OLYMPIC PLATE

Aesthetically pleasing design. Perfect for the professional gym! Eco-friendly polyurethane. Commercial resistance to high impacts. Stainless steel rim. Hole diam 50mm.

Weights:
1.25kg 2.5kg
5kg-25kg in 5kg increments

PLATE RACK

Assembly Size: 70 x 70 x 120 cm (H)

▷ WL7105



▷ WL7106



▷ WL7107



▷ WL7108



PU BARBELL SET

From 10 to 20 kg with 2.5 kg increments
From 25 to 45 kg with 5 kg increments

Straight pre-loaded barbells

PU SHAPED BARBELL SET

From 10 to 20 kg with 2.5 kg increments
From 25 to 45 kg with 5 kg increments

Curved pre-loaded barbells

WOODEN JERK BLOCK

TECHNICAL MEASURES

SIZE :

- 91 x 51 x 6CM
- 91 x 51 x 15CM
- 91 x 51 x 30CM
- 91 x 51 x 38CM

PRODUCT FEATURES

The jerk blocks are not limited to only the push jerk, some other potential uses would be: partial deadlifts, barbell rows, box jumps, shoulder presses, step ups, bodyweight bar rows, and more. The top platform must be used on top of the stack when the sets are in use.

WEIGHT LIFTING PLATFORM

TECHNICAL MEASURES

ASSEMBLY SIZE : 256 x 206 x 3.2CM

PRODUCT FEATURES

The weightlifting platform has a 50x25mm steel frame that bolts together. Easily with gusseted comers. The rubber surface is shock absorbing and will cause less wear and tear on your equipment. It also dampens the sound when dropping a fully loaded barbell. Also it is with additional band peg set for your dynamic effort workout.

▷ CD9003



▷ WL7001



▷ PG1050



DROP MAT

TECHNICAL MEASURES

- SIZE : 100 x 50 x 14 cm (H)
- PADDING : agglomerate 120 kg/cub.m
- COVERING : black double-faced PVC

PRODUCT FEATURES

Couple of professional cushions made of special multilayer agglomerate, with Carbon coating, to absorb the falls of the barbell at full load. Equipped with handles and eyelets. Made in Italy quality.

HANDLEBARS

REVOLVING LAT BAR

▷ WL8100



REVOLVING LAT BAR

▷ WL8101



REVOLVING LAT BAR

▷ WL8102



REVOLVING LAT BAR

▷ WL8103



TRICEP PRESS DOWN BAR

▷ WL8300



REVOLVING PRESS DOWN BAR

▷ WL8301



TRICEP PRESS DOWN BAR

▷ WL8302



REVOLVING CURL BAR

▷ WL8200



REVOLVING LAT BAR

▷ WL8201



REVOLVING CURL BAR

▷ WL8202



REVOLVING CURL BAR

▷ WL8203



REVOLVING CURL BAR

▷ WL8204



MULTI PURPOSE V-BAR

▷ WL8303



REVOLVING MULTI EXERCISE BAR

▷ WL8304



SINGLE TRICEP ROPE

▷ WL8305



PRO TRICEP ROPE

▷ WL8306



TRACTION PADDED ANKLET

▷ CP1231



SINGLE GRIP HANDLE

▷ WL8307



REVOLVING LOW PULLEY BAR

▷ WL8308



CABLE ATTACHMENT RACK

▷ WL8400

Assembly Size : 47 x 43 x 101cm



LOW PULLEY BAR

▷ WL8309



SINGLE GRIP HANDLE STRAP

▷ WL8310

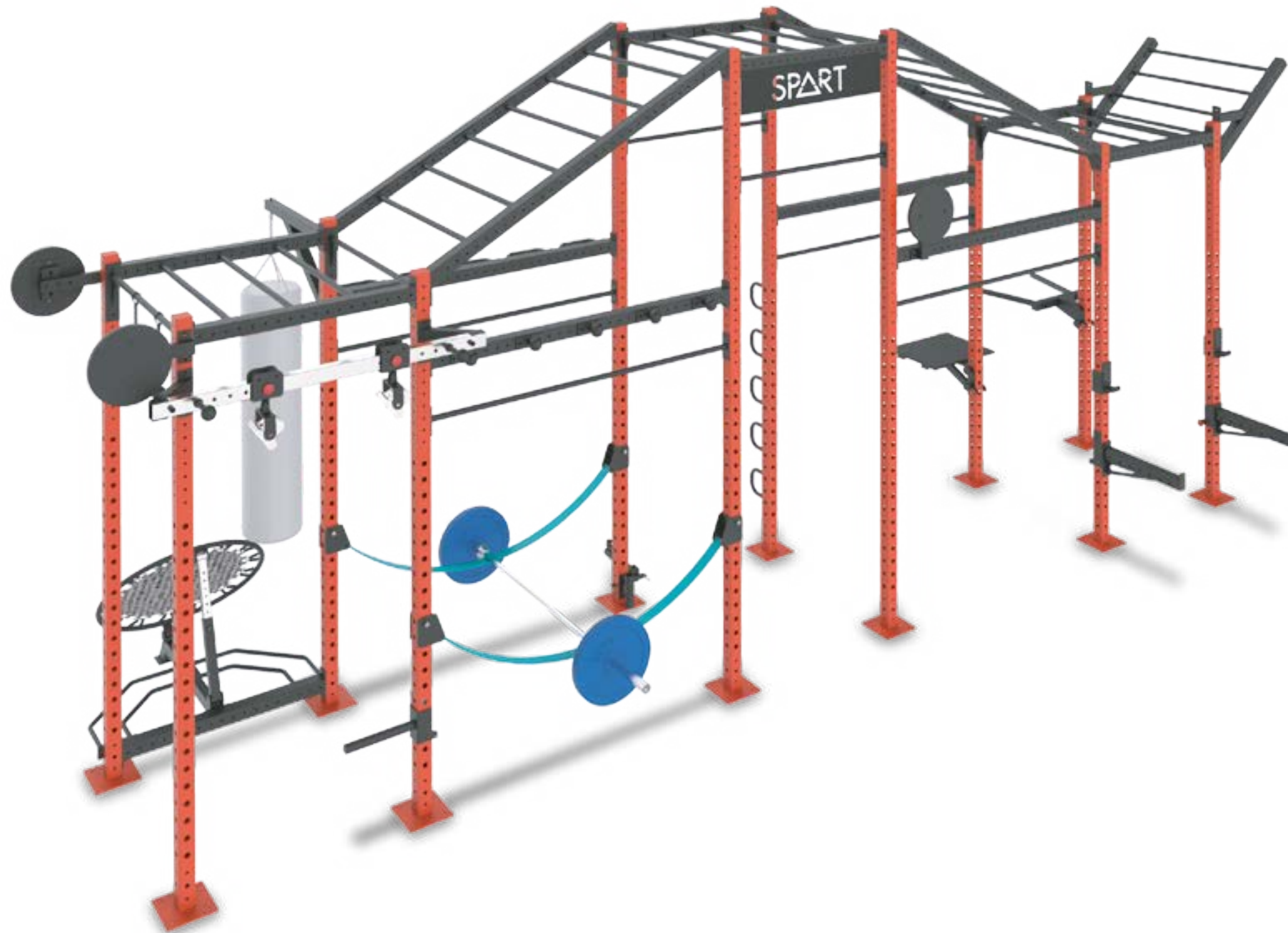




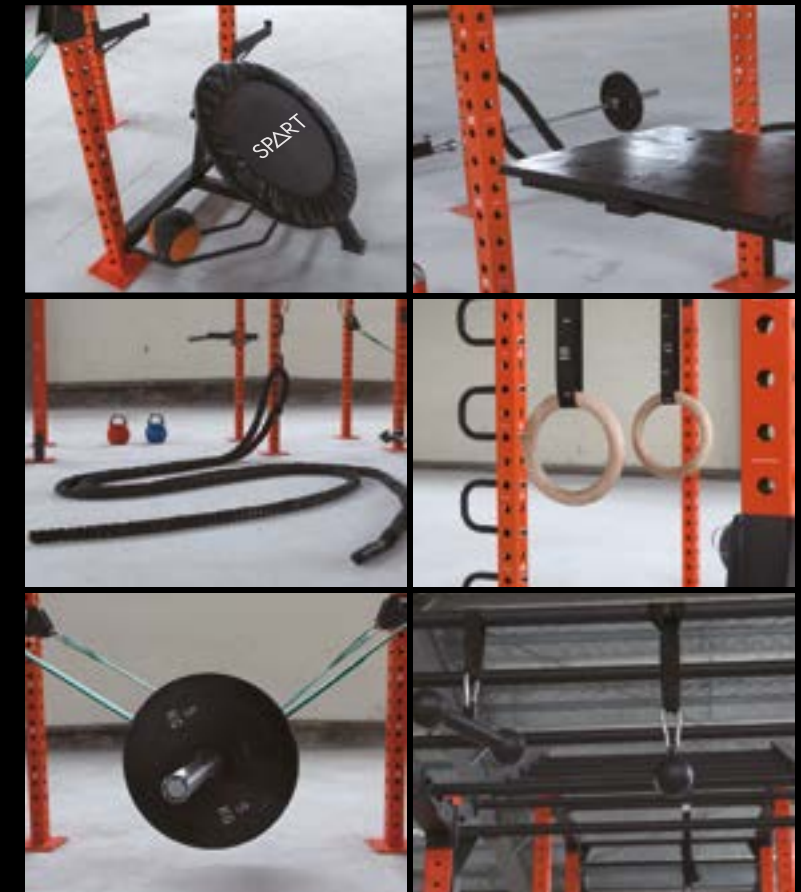
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FUNCTIONAL EQUIPMENT

FUNCTIONAL TRAINING STATIONS
CONFIGURATIONS AND COMPONENTS
POWER RACKS
SQUAT RACKS
WALL RACKS
PULL UP RACKS
STORAGE RACKS
FLAT BENCHES
ADJUSTABLE BENCHES
HIP THRUSTERS
GHD BENCHES



FUNCTIONAL TRAINING STATION



ACCESSORIES NOT INCLUDED.

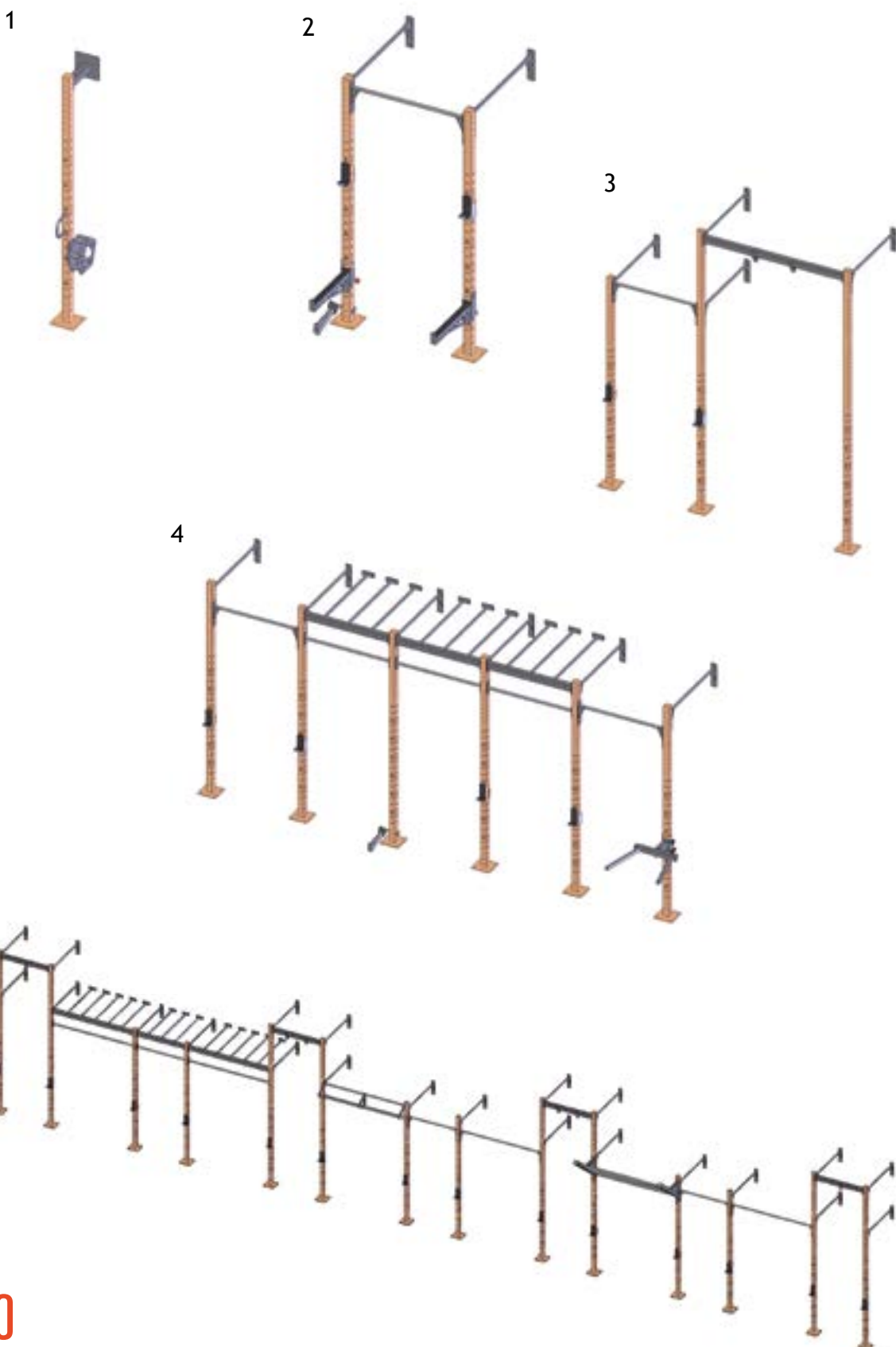
TECHNICAL MEASURES

ASSEMBLY SIZE : L827 x W227 x H368CM

PRODUCT FEATURES

Provides a dedicated space for countless functional training exercise. Monkey bars are great for developing shoulder and arm strength. Attach any bodyweight training device, such as climbing ropes, rings etc for unique training options. Includes specially designed holders for resistance bands, training ropes, Olympic Bars and weight plates.

LAYOUT EXAMPLES
WALL MOUNT



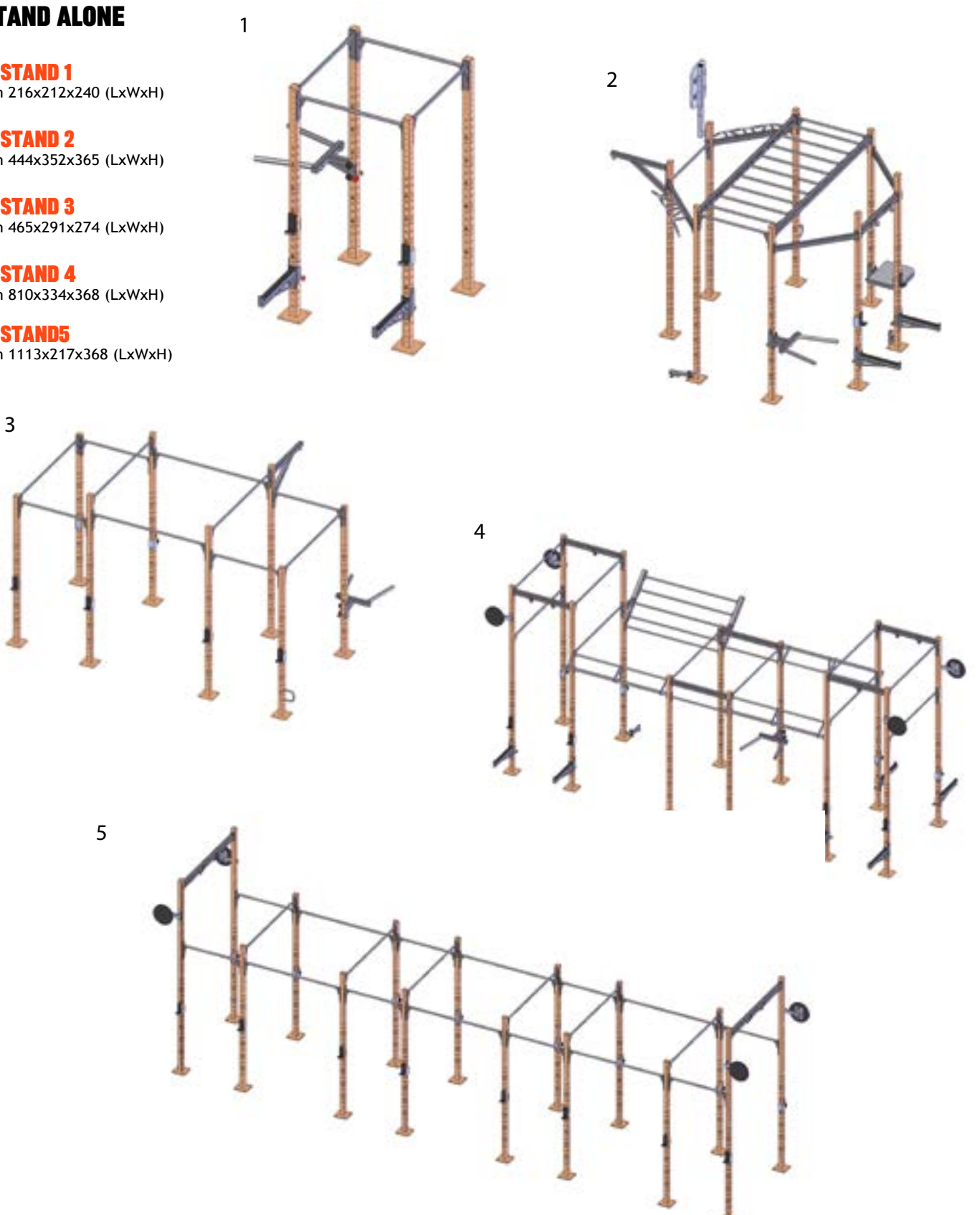
WALL MOUNT

- 1. **WALL 1**
Cm 56x30x243 (LxWxH)
- 2. **WALL 2**
Cm 197x169x240 (LxWxH)
- 3. **WALL 3**
Cm 326x125x368 (LxWxH)
- 4. **WALL 4**
Cm 631x197x274 (LxWxH)
- 5. **WALL 5**
Cm 1957x193x368 (LxWxH)

LAYOUT EXAMPLES
STAND ALONE

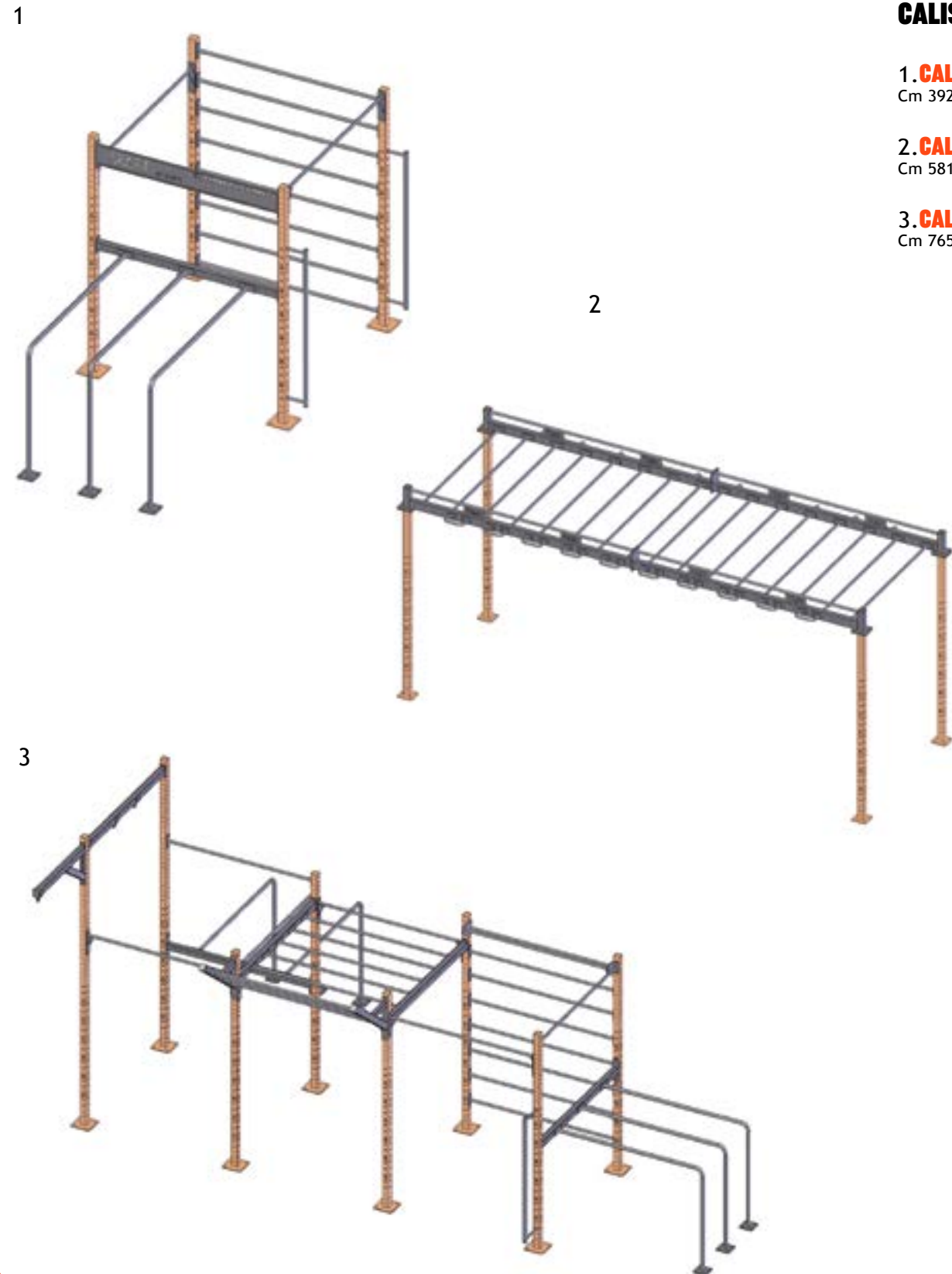
STAND ALONE

- 1. **STAND 1**
Cm 216x212x240 (LxWxH)
- 2. **STAND 2**
Cm 444x352x365 (LxWxH)
- 3. **STAND 3**
Cm 465x291x274 (LxWxH)
- 4. **STAND 4**
Cm 810x334x368 (LxWxH)
- 5. **STAND 5**
Cm 1113x217x368 (LxWxH)



LAYOUT EXAMPLES

CALISTHENICS



CALISTHENICS

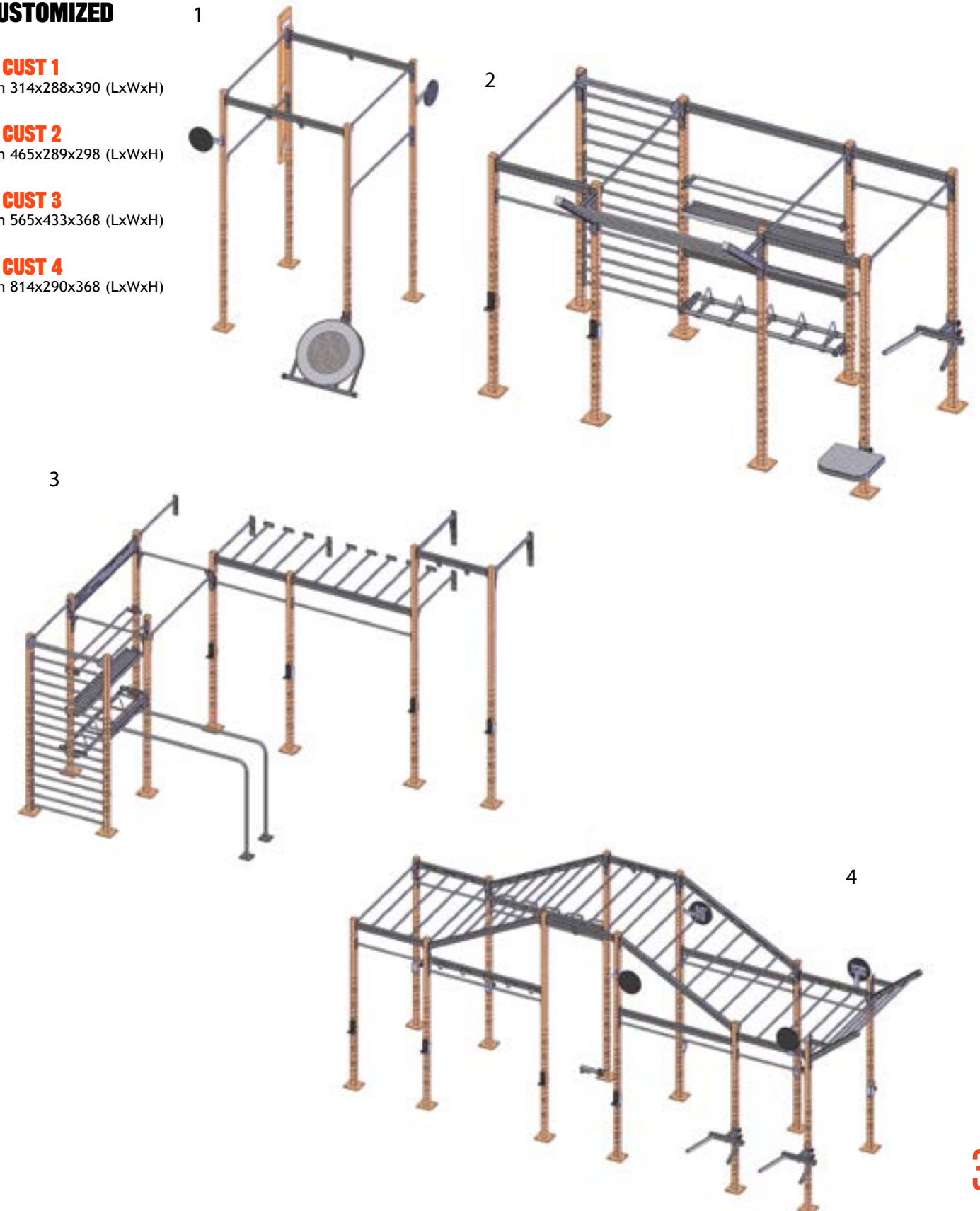
1. **CAL 1**
Cm 392x223x240 (LxWxH)
2. **CAL 2**
Cm 581x220x267 (LxWxH)
3. **CAL 3**
Cm 765x493x368 (LxWxH)

LAYOUT EXAMPLES

CUSTOMIZED

CUSTOMIZED

1. **CUST 1**
Cm 314x288x390 (LxWxH)
2. **CUST 2**
Cm 465x289x298 (LxWxH)
3. **CUST 3**
Cm 565x433x368 (LxWxH)
4. **CUST 4**
Cm 814x290x368 (LxWxH)



CALISTHENICS EQUIPMENT AND EXERCISES

Il calistenico è la disciplina che insegna a usare il proprio peso corporeo come resistenza, per creare un metodo di allenamento basato sulla ginnastica a corpo libero. Spesso viene usato il termine in inglese Calisthenics, per identificare questa attività e gli esercizi a essa connessi. La parola deriva dall'unione delle parole greche "kallos", che significa bellezza, e "sthenos", che vuol dire forza. Spart propone una gamma completa di parallele autoportanti, fissabili a parete o sui nostri montanti, flag handlebar, parallette alte e basse (big push up), per ogni esigenza.

Esercizi Principali



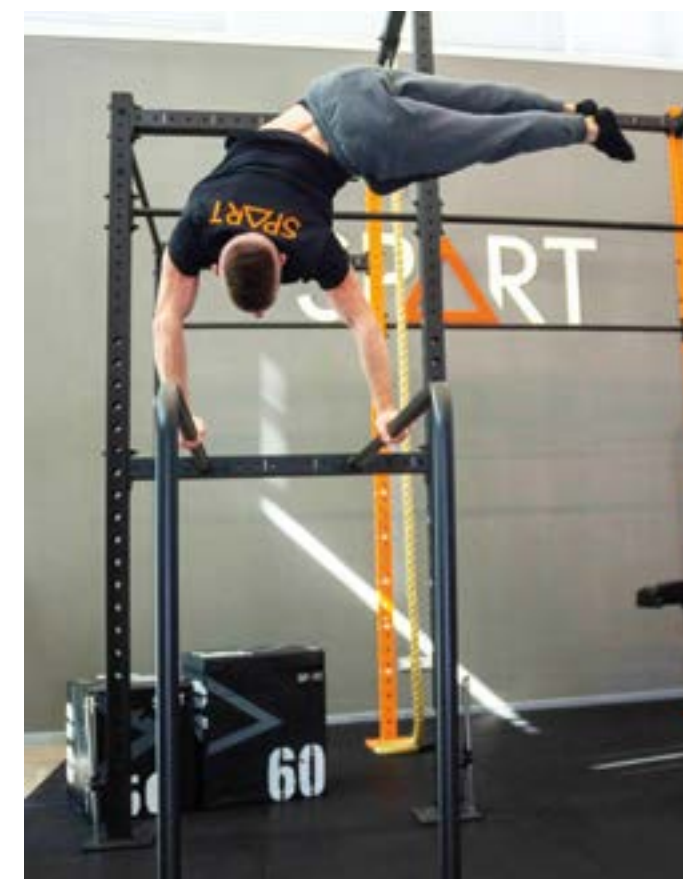
Bent Arm Press Handstand



Full Handstand



Straddle Handstand



Flag Handstand

Calisthenics is the discipline that teaches how to use your own body weight as resistance, to create a method based on bodyweight gymnastics. The term Calisthenics is often used to identify the exercises connected to it. The word comes from the Greek words "kallos", which means beauty, and "sthenos" which means strength.

Spart offers a complete range of self-supporting parallel bars, which can be fixed to the wall or on our rigs, flag handlebars, high and low parallettes (big push up), for every need.

Main exercises

CALISTHENICS EQUIPMENT AND EXERCISES

Esercizi Principali / Main exercises



Tuck Handstand Push up



Straddle Handstand Push up



Straddle Back lever



Human flag

CABLE UNITS

Plate Loaded / Weight Stack



Progettiamo e installiamo ercoline a carico libero e con pacco pesi, sia agganciabili ai nostri montanti che fissabili a parete, in modo da consentire di allenare tutti i gruppi muscolari in poco spazio e nella massima sicurezza. Effettuiamo anche modifiche su misura e installazioni sul posto.

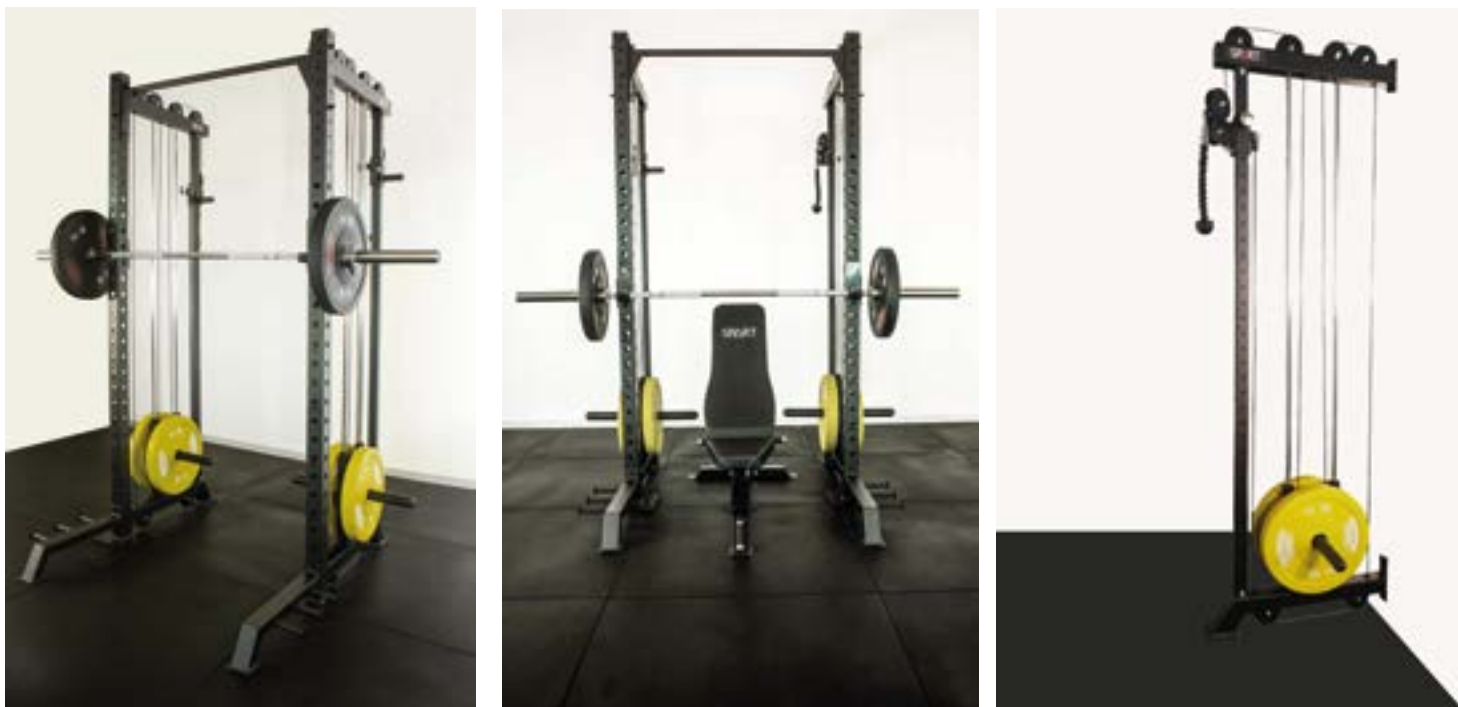
We design and install plate loaded cable units or equipped with weight stacks, either attachable to our rigs or fixed to the wall, in order to train all muscle groups in a small space and in maximum safety. We also can make modifications and installations on site.



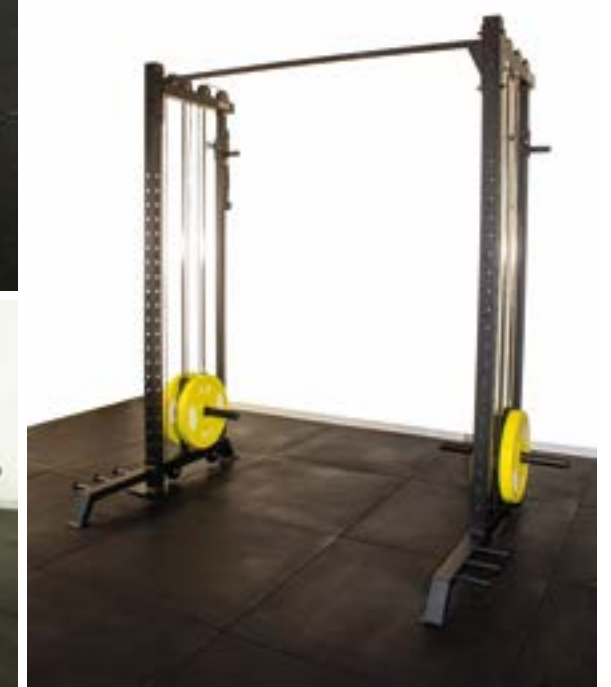
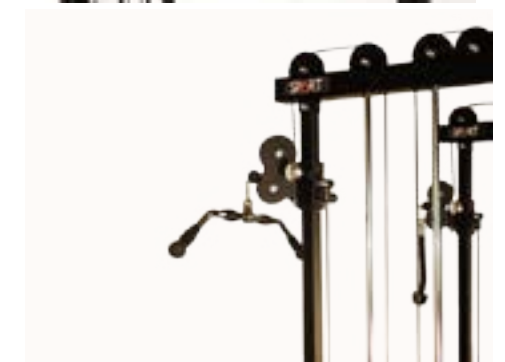
CROSSCABLE

Customisable Cable Stations

Realizziamo ercoline combinate e autoportanti abbinando i benefici dell'allenamento a cavi con quelli di un rack funzionale. Le combinazioni possibili sono numerose e le strutture sono accessorabili per ogni esigenza.



We manufacture self-supporting cable units to combine the benefits of a cable workout with those of a functional rack. The various combinations are many and the structures can be accessorised for every need.





BODY COMPONENTS

- 1. **CF1002-A1/A2/A3**
UPRIGHT TUBE
2,7 / 3,7 / 2,4m
- 2. **CF1002-A3B**
UPRIGHT TUBE DOUBLE FLANGE
2,4m
- 3. **CF1002-B1/B2**
ELEVATION CROSSBAR
1,6 / 2,1 m
- 4. **CF1002-B3**
ELEVATION CROSSBAR
1,2 m
- 5. **CF1002-C1/C2**
MONKEY BAR
1,8 / 1,08m
- 6. **CF1002-E1/E2/E3**
CROSS BAR
1,8 / 1,08 / 2,8m
- 7. **CF1002-E8**
CROSS BAR BRIDGE
2,8m
- 8. **CF1002-F1/F2**
CHIN-UP BAR
1,8 / 1,08 m
- 9. **CF1002-Z8**
CONNECTION SPART
1,8m
- 10. **CF1001-B1/B2**
CHIN-UP BAR
1,8 / 1,08 m
- 11. **CF1001-C1/C2**
OVERPASS
1,8 / 1,08 m
- 12. **CF1001-J1/J6**
TRIANGULAR CROSSES
1,8 / 1,08 m
- 13. **CF1001-J4/J5**
UP & DOWN BAR
1,08 / 1,8m

CHIN UP BAR

- 14. **CF1001-E1/E2**
PULL UP RAMP
1,08 / 1,8m
- 15. **CF1001-O**
SLIDING PULL UP SYSTEM
- 16. **CF1002-G1**
CHIN-UP BAR
- 17. **CF1002-G2**
CHIN-UP BAR
- 18. **CF1002-G3**
CHIN-UP BAR
- 19. **CF1002-G4**
CHIN-UP BAR
1,08m

GRIP TRAINING

- 20. **CF1002-I1**
D SHAPE HANDLE
- 21. **CF1002-J1**
RACK BALL

DIP HORN

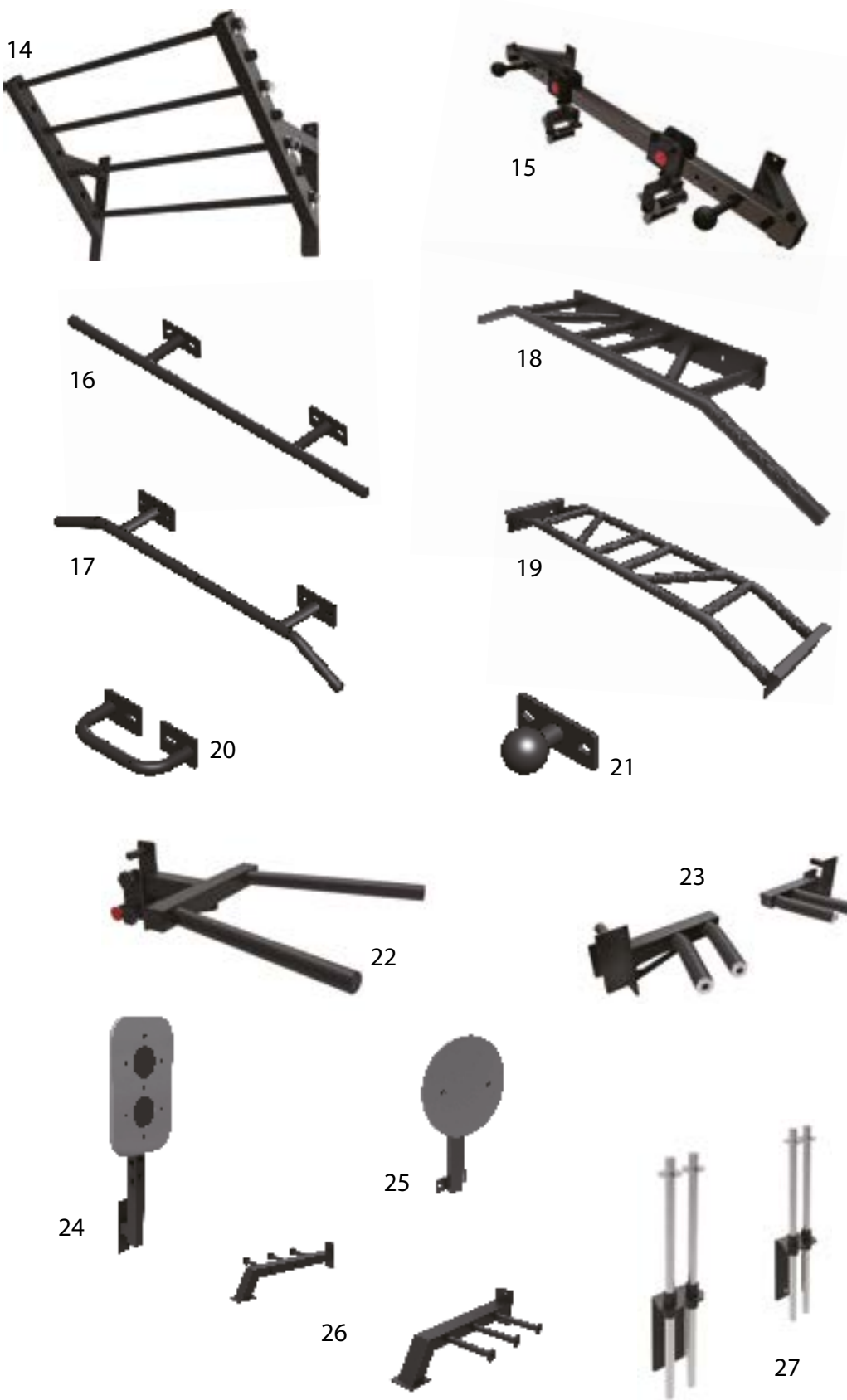
- 22. **CF1001-M**
DIP HORN
- 23. **CF1001-G**
DIP HORN

WALL BALL TARGET

- 24. **CF1001-F2**
LONG WALL BALL TARGET

BAND PEGS

- 25. **CF1002-O1**
WALL BALL TARGET
- 26. **CF1001-I2**
PEGS BAR
- 27. **CF1001-I**
POWER BAND PEGS SET





**BAR AND
SAFETY HOLDER**
28. **CF1001-D1**
J HOOKS

29. **CF1001-D2**
SAFETY HOLDER

30. **CF1001-N**
SLING BRIDGE
1,8m

SINGLE STATION
31. **CF1001-K1**
PULLEY STATION
WEIGHT STACK

32. **CF1001-K3**
PULLEY STATION PLATE

33. **CF1001-L5**
PLYO BOX BOARD

34. **CF1001-Q1**
ROTATIONAL CORE

35. **CF1001-S2**
PUNCHING BAG

36. **CF1001-V**
TRAMPOLINE

37. **CF1001-V2**
TRAMPOLINE

38. **CF1001-W1**
SISSY SQUAT

39. **CF1001-W2**
GHD

40. **CF1001-W4**
ABDOMINAL BENCH

ROPE ATTACHMENTS

41. **CF1001-02**
A-HANGER WITHOUT RINGS

42. **CF1001-05**
HOOK

43. **CF1002-I11**
HOOK

44. **CF1002-I2**
U HANDLE FOR ROPE

45. **CF1002-I5**
BRAZILIAN ROPE ONE DRUM

STORAGE

46. **CF1001-H1**
PLATE STORAGE

47. **CF1001-H2**
BAR HOLDER

48. **CF1001-R2/R7**
DUMBBELL STORAGE
1,08 / 1,8m

49. **CF1001-R3/R8**
KETTLEBELL STORAGE
1,08 / 1,8m

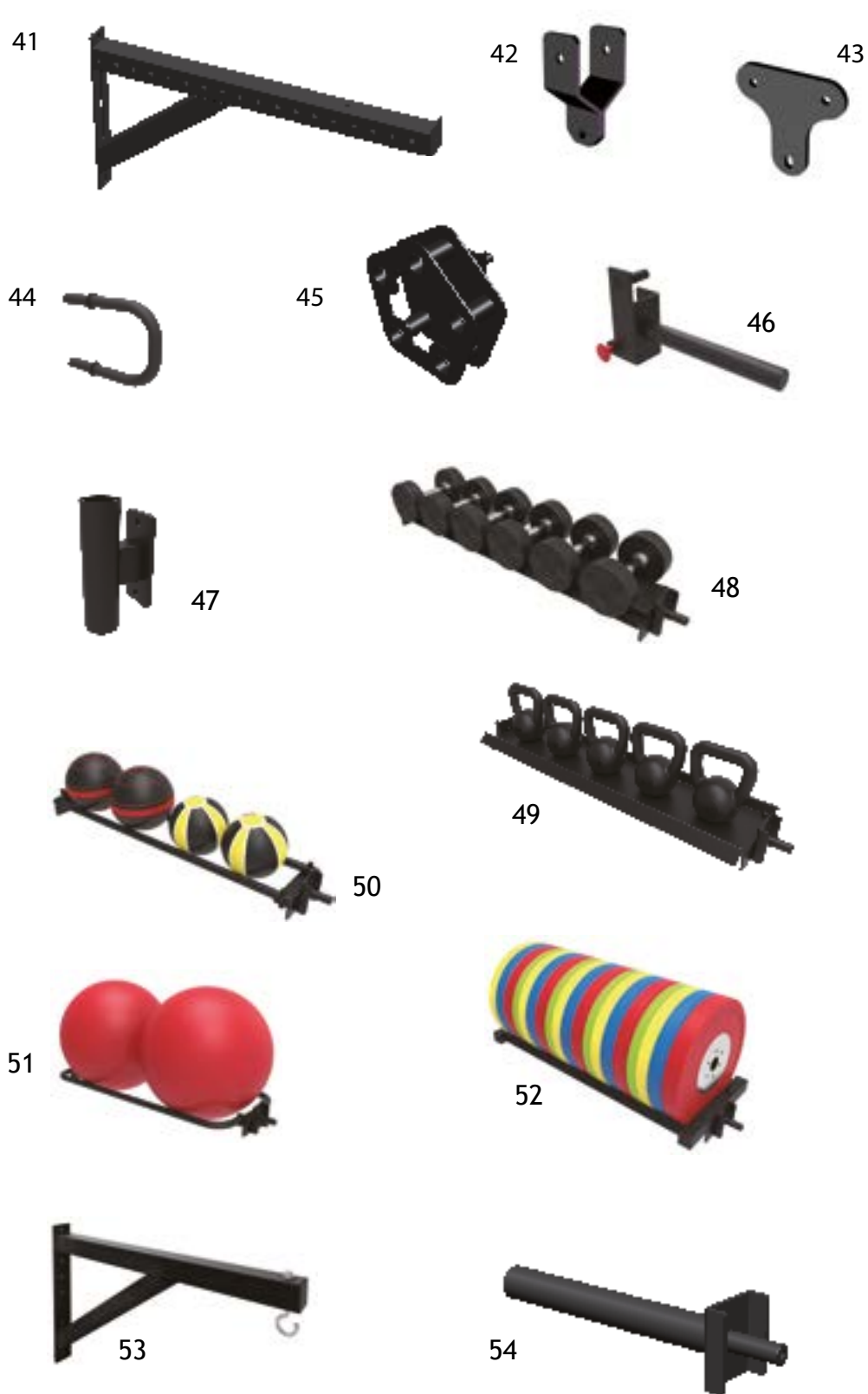
50. **CF1001-R4/R9**
SLAM & MED. BALL STORAGE
1,08 / 1,8m

51. **CF1001-R5/R10**
GYM BALL STORAGE
1,08 / 1,8m

52. **CF1001-R6/R11**
OLYMPIC WEIGHT STORAGE
1,08 / 1,8m

53. **CF1001-S**
PUNCHING BAG BRACKET

54. **CF1067-12**
PLATE STORAGE SLEEVE





POWER RACK



TECHNICAL MEASURES

ASSEMBLY SIZE : 226 x 234 x 225CM

PRODUCT FEATURES

Extremely stable base to support the hardest cross trainer.
Perform any exercise you would normally perform on a regular power rack such as presses, lifts, squats.
Can be used with the optional bumper plate toaster rack for tidy storage and easy selection of bumper plates.

MAXIMUM LOAD : 400 Kg

▷ ST4001



PLATE LOADED POWER RACK

TECHNICAL MEASURES

ASSEMBLY SIZE : L174 x W146 x H206CM

PRODUCT FEATURES

Extremely stable base to support the hardest cross trainer. Perform any exercise you would normally perform on a regular power rack such as presses, lifts, squats. Can be used with the optional bumper plate toaster rack for tidy storage and easy selection of bumper plates.

Maximum load: 400kg

▷ ST1009



CROSSFIT RIG

TECHNICAL MEASURES

ASSEMBLY SIZE : L130 x W140 x H230CM

PRODUCT FEATURES

Ideal rack for squats & bench press exercises, provides safety when working out. 2 x full length safety bars, 2 x barbell rests, built in solid steel pull up bar. Solid construction for commercial use.

Maximum load: 300kg

▷ ST3002



SQUAT RACK WITH PULL-UP BAR

TECHNICAL MEASURES

L126 x W134 x H240CM

PRODUCT FEATURES

Self-supporting squat rack with barbell supports and pull up bar for traction. Solid and professionally made, it is also suitable for garage gyms or home training areas for residential use.

Maximum load: 300kg

▷ ST3001



SQUAT RACK

TECHNICAL MEASURES

ASSEMBLY SIZE : L228 x W101 x H186CM

PRODUCT FEATURES

Many incremental adjustments for the perfect height for your exercise
Weight holder on back for extra storage. Dip handles included as standard (slightly angled so very ergonomic).
Adjustable width squat stands.

Maximum load: 300kg

WALL MOUNT FOLDABLE RACK

TECHNICAL MEASURES

Foldable wall rack ideal for squats and tractions on the bar with which it is equipped. Built in resistant steel, for intense professional use, it is also highly appreciated for home training, especially for its space-saving features.

Cm 96 x 144 x 286 (H)

Height 240 cm

Training Bar length 120 cm

Training Bar distance from the wall 55 cm (when open)

Maximum load: 200kg

SQUAT STAND

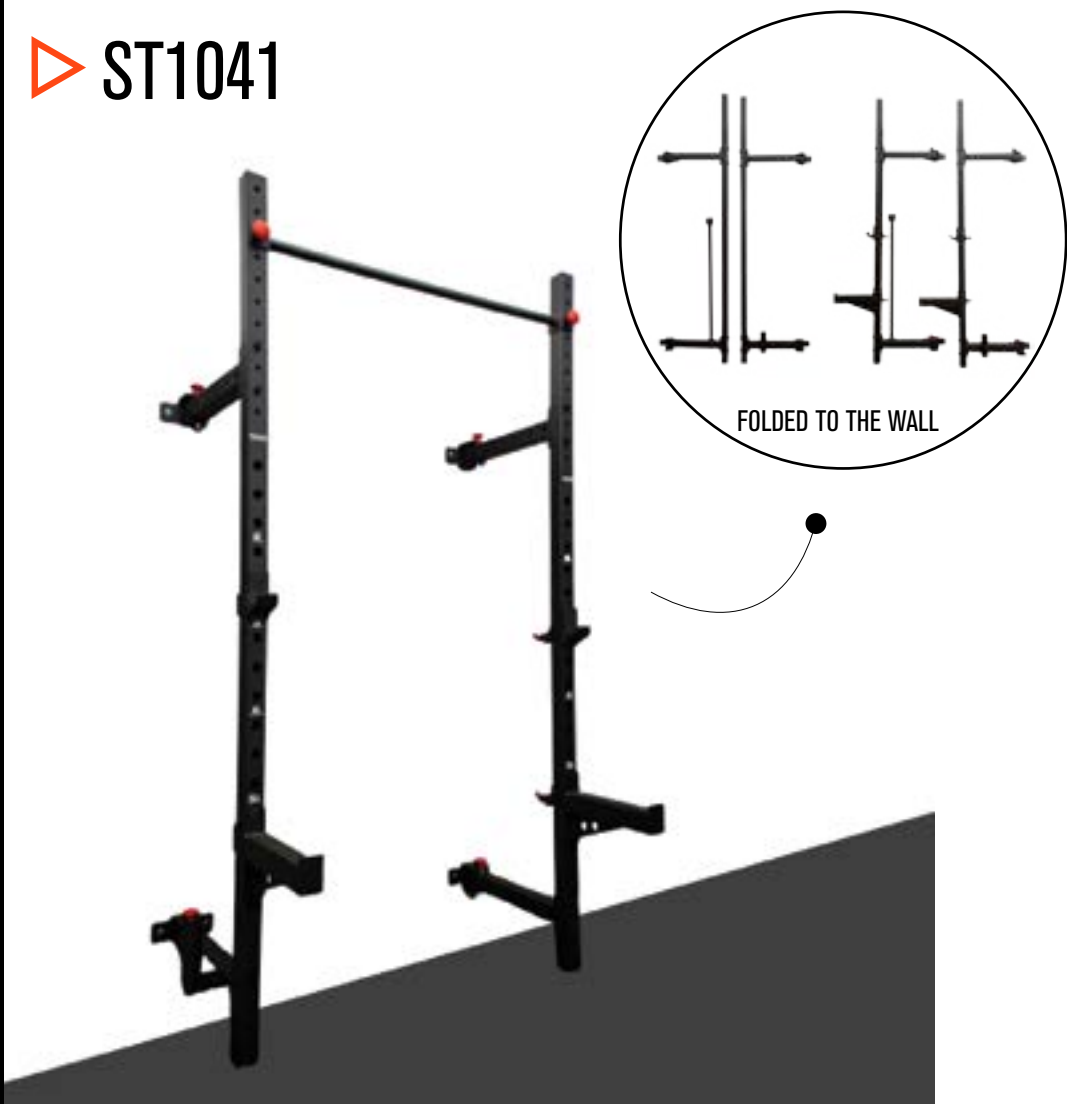
TECHNICAL MEASURES

Couple of barbell supports for squat exercises, equipped with wheels to be easily moved when necessary.

Cm 59 x 52 x 173 (H)

Maximum load: 200kg

▷ ST1041



▷ ST3016



▷ CE4101



▷ CE4111



▷ CE4100 + CF1002-C2



MULTI-GRIP CHIN UP

TECHNICAL MEASURES

Chin-ups are arguably the best upper body exercise around.

There is no other pulling exercise that can replace its functional value.

A chin-up bar in a gym is a highly useful fixture, given that it can also be used as an anchor for rings, bands or a suspension training device.

It allows different exercise positions thanks to the multi grips.

Assembly Size : 131 x 58 x 60cm

PULL UP RACK

TECHNICAL MEASURES

A simple training bar which is a highly useful fixture, as an anchor for rings, bands or a suspension training device.

Assembly Size : 152 x 41 x 38cm

POWER PULL UP RACK

TECHNICAL MEASURES

A professional training bar which is a highly useful fixture, as an anchor for rings, bands or a suspension training device.

Great for crosstraining exercises: muscle ups and pull up kipping thanks to its very long sided brackets (90 cm).

Bar distance from the wall 81 cm.

Bar length 108 cm.

ST1017



TECHNICAL MEASURES

Assembly Size: L543 x W40 x H101cm
Shelf Length: 122 cm



KETTLEBELL SHELF ST1017-B



MEDICINE BALL SHELF ST1017-C



DUMBBELL SHELF ST1017-E



ACCESSORY (Band, Belt, etc.) SHELF ST1017-G



WALL BALL/SLAM BALL SHELF ST1017-D



BUMPER PLATE SHELF ST1017-H



PLATE SLEEVE
ST1017-F



UPRIGHT TUBE

ST1017-A10
Height: 1m
ST1017-A15
Height: 1.5m
ST1017-A18
Height: 1.8m
ST1017-A10W
Height: 1m(with wheels)
ST1017-A15W
Height: 1.5m(with wheels)



MODULAR STORAGE RACK

PRODUCT FEATURES

This amazing storage rack is expandable to any length and shapes, available in 2-tier and 3-tier.
Fulfill all of your storage needs in one system.
Fully adaptable and expandable in length, size, and trays to choose from.
Additional wheel helps you to move it easily.

ST1005



ST1028



FLAT BENCH

TECHNICAL MEASURES

ASSEMBLY SIZE : L134 x W61 x H46CM

PRODUCT FEATURES

Backrest = 120cm (Length) x 30cm (Width) x 6cm densely thick padding. Gives you some of the best free weight exercises to build a rock solid body!
Get a full-body workout with the strongest and most versatile Flat Bench available.
Front handle & Dual rear transport wheels allows you to easily move and roll the bench anywhere you like without having to pick up the bench completely.

Maximum load: 300kg

ADJUSTABLE BENCH

TECHNICAL MEASURES

Adjustable bench is a reclining bench with exclusive design, equipped with three different seat settings and eight additional back rest positions, allowing a wide variety of exercises. Also easy to move due to handle and built-in wheels.

Size: cm 140 x 65 x 48 (H)
Color: Black – Silver available on request

Maximum load: 300kg

▷ ST1029



MULTI HIP THRUSTER

TECHNICAL MEASURES
ASSEMBLY SIZE : L176 x W99 x H49CM

PRODUCT FEATURES
Multifunctional bench which allows the hip push exercise, the most effective for the development of the glutes. Equipped with wheels to be movable, a platform for exercises with a barbell and numerous supports for elastic bands, it also allows exercises for the biceps in a sitting position.

▷ ST2002



GHD BENCH

TECHNICAL MEASURES
ST2002
ASSEMBLY SIZE : 222 X 75 X 110 CM
ST2022
ASSEMBLY SIZE : 202 X 108 X 110 CM

PRODUCT FEATURES
The GHD is stable and solidly constructed of steel. Perfect for commercial or home gym use. The half moon pad is made of high density foam and upholstered in vinyl, making it very resistant to crushing and easy to clean. The single pop-pin adjustability makes it easy to change pad-to-foot roller lengths when moving between exercises or athletes. Bolt-together design allows it to be shipped flat, resulting in considerable freight savings.

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STRENGTH EQUIPMENT

PLATE LOADED MACHINES
BENCHES



▶ PL0220



HACK SQUAT

TECHNICAL MEASURES

174 x 66 cm x 161 (H)

Machine designed to work the quadriceps from the standing position. It is based on the movements of the traditional squat with barbell but with the possibility of keeping the spinal column partially out of action thanks to the special pantograph. The latter enables the backrest to follow the trunk during the entire movement and makes it possible to limit the stress on the spinal column, thereby reducing the risk of overloading joints and causing conditions that make this exercise painful to execute. The oversized foot plate (with variable slope) allows several different foot positions for safety and workout variety.

Maximum load: 300 kg

▶ PL0210



LEG PRESS

TECHNICAL MEASURES

210 x 116 cm x 162 (H)

The presence of the special pantograph ensures the natural correct movement and the total foot contact, which is maintained during the entire exercise, thanks to the angled foot platform. A further advantage of the angled platform is to reduce lateral strain on the spinal column when legs are pushing as well as limiting the effect of inertial forces on the lower back during the eccentric movement. The adjustable seat back lets users set their most comfortable body position.

Maximum load: 450 kg

▶ PL0610



CHEST PRESS

TECHNICAL MEASURES

115 x 145 cm x 189 (H)

The machine targets muscles in the chest and upper arms with a comfortable and customizable chest press workout. Quickly add weights to the nickel-plated weight tubes and the precision pivot bearings will ensure each rep is smooth and natural. Padded, ergonomic chair back design and an adjustable padded seat provide a comfortable workout. Build the upper body you wish with the Plate loaded chest machine.

Maximum load: 300 kg

▶ PL0710



SHOULDER PRESS

TECHNICAL MEASURES

cm 134 x 155 x 160 (h)

This machine allows to workout shoulders in absolute safety. Positioning the seat to a level that will bring the shoulder to the height of the grip, you get a correct starting position. The independent levers with converging motion ensure a more balanced muscle development; they offer the opportunity to train one arm at a time, or perform simultaneously exercises alternately.

Maximum load: 300 kg

LAT PULL DOWN

TECHNICAL MEASURES

The machine strenghtens the back muscles to build core strength, with a smooth and natural movement.

Cm 193 x 191 x 198 (h)

Maximum load: 300 kg

▷ PL0510



▷ PL0760



SEATED CALF

TECHNICAL MEASURES

Machine to train calf muscle safely and effectively.

Cm 133 x 67 x 103 cm (H)

Maximum load: 150 kg

▷ PL0190



▷ PL0960



▷ PL0520



▷ PL0095



MULTIPOWER

TECHNICAL MEASURES

Multi-purpose machine allowing many guided exercises for upper and lower limbs.

Cm 207 x 132 x 216 (h)

T-BAR ROW

TECHNICAL MEASURES

This machine works the lats, spinal erectors, traps, rear deltoids, biceps and forearms.

Cm 172 x 104 x 120 (h)

Maximum load: 150 kg

WEIGHT PLATE RACK

TECHNICAL MEASURES

Cm 71 x 126 x 120 (h)



▷ PF0010



ADJUSTABLE BENCH

TECHNICAL MEASURES
Cm 127 x 54 x 50

Multi purpose bench to support various types of exercises with barbell, dumbbell and small accessories. It gives the user options for flat or incline positions of backrest and seat. The frame can handle the heaviest lift and is easily movable thanks to its wheels.

▷ PF0015



SIMPLE BENCH

TECHNICAL MEASURES
Cm 124 x 54 x 50

A simple bench exceeding any expectations with its solidity, comfort, and easy handling thanks to its wheels.

▷ PF0037



HYPER-EXTENSION

TECHNICAL MEASURES
Cm 124 x 760 x 950

Specific bench to train lower back muscles, glutes, and hamstrings bodyweight. User rests pelvis and hips on the cushions, and feet on the footrest, bending down. The telescopic pad adjustment accomodates users of all sizes. Equipped with stabilization grips for user safety.

CRUNCH BENCH

TECHNICAL MEASURES

Cm 142 x 55 x 112

Specific bench to train abdominals, lying down on the backrest and placing legs on cushions.

The inclination of the backrest and the height of the cushions make the bench easy to be used by people of different sizes.

▷ PF0030



BENCH PRESS

TECHNICAL MEASURES

Cm 148 x 127 x 117

Multifunction bench for specific training of the arms using barbell, leaning on the back. Equipped with two comfortable bar holders for people of different height.

▷ PF0060



DECLINE BENCH PRESS

TECHNICAL MEASURES

Cm 172 x 127 x 117

This bench stimulates chest and deltoid muscle in a different way compared to flat bench press. Adjustable rollers and ten different inclinations of the backrest allow a great versatility of use and range of motion.

▷ PF0063



▷ PF0065



▷ PF0020



▷ PF0035



INCLINE BENCH PRESS

TECHNICAL MEASURES

Cm 183 x 127 x 143

Inclined bench for specific training of chest and deltoid with barbell. Exercises are performed while seated, with the back against the back rest, gripping the barbell positioned on the holders.

Equipped with comfortable platform to assist user for more safety.

SQUAT RACK

TECHNICAL MEASURES

Cm 194 x 181 x 172

Equipped with olympic barbell holders at different heights, to allow a safe and personalized workout for people of different height, this rack offers many training options.

CHIN DIP ABDOMINAL

TECHNICAL MEASURES

Cm 100 x 125 x 225

Allows different tractions thanks to multiple pull up grip positions, for exercise variation, diverging dip bars for various grip options, comfortable supports for elbows and back for abdominal training, and wear-resistant footrests to protect finish.

SCOTT BENCH

TECHNICAL MEASURES
Cm 82 x 80 x 101

Bench for specific training of the arms using a barbell in the seated position. Equipped with dual bar holders for people of different height.

BARBELL RACK

TECHNICAL MEASURES
Cm 74 x 80 x 162

Self supporting barbell rack allowing to store up to 6 pre loaded barbells.

PLATE RACK

TECHNICAL MEASURES
Cm 12,3 x 66 x 100

Plate rack with ten places which integrates perfectly with our line of benches and racks.

▷ PF0080



▷ PF0090



▷ PF0096



▷ PF0097



▷ PF0098



DUMBBELL RACK 2 MT

TECHNICAL MEASURES
Cm 74 x 200 x 81

Self supporting dumbbell rack allowing to store up to 20 dumbbell.

KETTLEBELL RACK 2 MT

TECHNICAL MEASURES
Cm 74 x 120 x 81

Self supporting rack allowing to store kettlebell or similar products.

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CONDITIONING EQUIPMENT

AGILITY & SPEED
RESISTANCE TUBES
CORE TRAINERS
SLAMBALLS / MEDBALLS / WALLBALLS
POWER BAGS
SLEDS
PLYBOXES
CLUBBELL
TRAMPOLINES
SPEED ROPES



CONES

TECHNICAL MEASURES
Saucer Cones are bright and easy to see on any surface.
Made of strong, pliable PVC, cones resist damage from direct foot strikes.

Diameter: 19cm

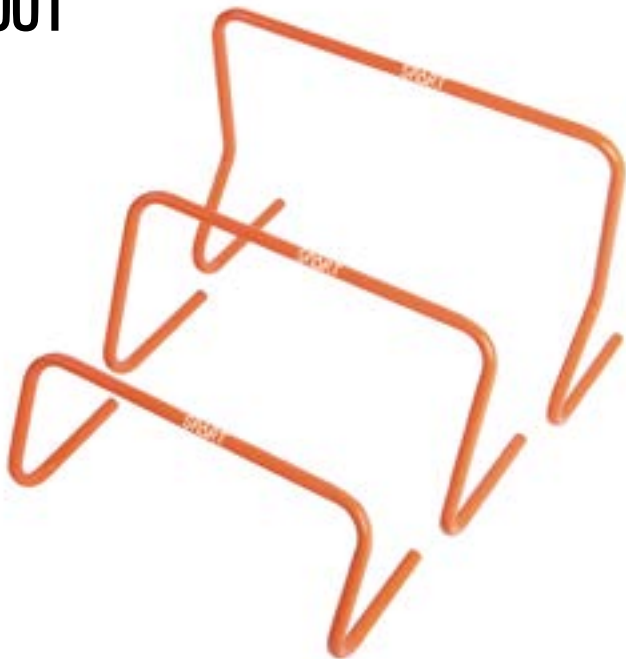
▷ CD8002



HURDLES

TECHNICAL MEASURES
15 - 30 - 45 cm steps for intermediate to advanced polymeric exercise.
Change heights for speed or strength work and lateral movement drills.

▷ CD8001



REACTION BALL

TECHNICAL MEASURES
The random bounces of the reaction ball improve overall coordination.
Ball can be bounced off any hard surface.

Diameter: 6.7cm

▷ CD8003



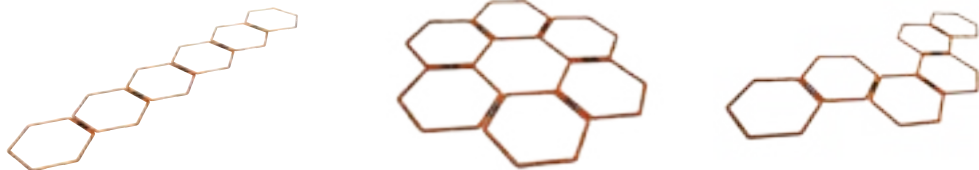
LACROSSE MASSAGE BALL

Diameter: 65 mm

▷ CE7001 CE7002



▷ CD8023



▷ CD8004



▷ CD8005



AGILITY RINGS

TECHNICAL MEASURES
Ideal tool to improve foot speed, coordination, overall balance and general fitness. 6 individual rings can create a variety of shapes for preferential needs.

Diameter: 50 cm

POWER CHUTE

TECHNICAL MEASURES
Increase speed, explosiveness, and acceleration. The power chute provides both resistance and explosive training to improve the 2 key elements of speed: stride length and frequency. Chute opens during training runs for resistance and the Velcro belt allows for mid-stride release for overspeed training. Power Chute includes: Adjustable belt with storage pocket.

AGILITY LADDER

TECHNICAL MEASURES
Develop rapid, precise foot strikes and focus. Fixed round rungs save set-up time and withstand abuse from cleats and other turf shoes. Use indoors or outdoors. High-impact round PVC rungs. Includes carry bag.

Length 9m L x 50cm W, ladder with 20 pegs.

Length 4.50m L x 50cm W, ladder with 10 pegs.

TIMER

The Timer offers a variety of standard functions including clock display, stop watch to the hundredths of a second and 20 min count down. In addition, the timer can also be used to program custom intervals and can save up to eight custom programs.

ROLL OUT LADDER

The Roll Out Ladder resists bunching-up and stays in place on all types of indoor surfaces, and some outdoor surfaces. Made of heavy-duty, durable, non-skid recycled rubber, this ladder quickly unrolls and lies flat, then rolls up for easy storage and portability.
Size: 454 x 41 x 0.35cm

RESISTANCE TUBE

Improve speed by training stride length and frequency in 2 athletes simultaneously. The resistance tube provides a smooth, consistent tension for both athletes while offering maximum safety. Swivel waist belt allows athletes to change direction of the tension easily without removing belt. Supplied with 2 belts and 2 elastic bands.
Size: 6 x 13 x 2000mm

RESISTANCE TUBE

Made in Italy elastic tube, supplied with belt for traction. Great system for explosive strength training. Available in two versions, length 300 or 120 cm.

▷ CD8006



▷ CD8026



▷ CD8008



▷ CD8009



▷ CD8019



▷ CD8010



▷ CD8007



▷ CD8035-B



CORE TRAINER

TECHNICAL MEASURES

This ground-based rotational training device works the entire body. Perform explosive 1 and 2-arm movements and other rotational exercises simply by inserting any Olympic-size bar (not included) into the pivoting sleeve at the unit's base. A 14cm sleeve is also available to hold standard 2.5cm bars. Portable for use in or out of the weight room.

Assembly Size: 81 x 69 x 27cm
Without Plate & Bar

SLAM BALL

TECHNICAL MEASURES

Durable, sand-filled no-bounce balls are ideal for tossing and slamming activities. Heavy-duty rubber shell provides maximum durability. Pliable, tacky surface is easy to grasp and throw. Perfect for rebounder, wall and floor slams.

Weight:
1kg-10kg in 1kg increments
12kg, 15kg, 16kg, 18kg, 20kg, 23kg
25kg-70 kg in 5 kg increments

MED BALL WITH HANDLES

Medical ball equipped with comfortable and strong handles for functional exercises, core training, muscle toning and sports training.

HEAVY-DUTY VINYL MEDICINE BALL

TECHNICAL MEASURES

Dia.: 35.5cm
3kg-13kg in 1kg increments

PRODUCT FEATURES

The soft-shell construction and balanced, uniform weight of this ball make it easy to handle. It covered with heavy-duty vinyl coated nylon. Water and scuff resistant. This non-slam, oversized ball is ideal for toss-and-catch activities and soft on the hands.

MEDICINE BALL RACK

TECHNICAL MEASURES

Assembly Size: L102 x W73 x H84cm
Max load capacity: 135kg
Diameter: 85 cm x 135 cm (H)
Contains up to 15 balls.

▷ CD8031



▷ CD8113



POWER BAG

TECHNICAL MEASURES

5KG-25KG IN 5KG INCREMENTS

PRODUCT FEATURES

POWER BAGS are excellent for complex motion based workouts with multi-joint movements that require a high emphasis on stability. Movement training, such as fast feet, ladder drills, heel flicks etc. Jumps & drops, which are hard to do due to awkwardness of bags. Throwing, hard to achieve with most items other than a medicine ball which doesn't often exceed over 15kg. Catching and absorbing impact, hard to achieve with most items. Dynamic movements with a partner, throw..move..catch..throw..move..catch. Total resistant core stability movements.

▷ WL7005



▷ CD8012



CORDURA POWER BAG

TECHNICAL MEASURES

One Set Including:
1 Bag + 2 Inner Bags;
max loading 35kg

PRODUCT FEATURES

The sand bags are built with heavyweight Military Spec 1000D Cordura; That means they are tough as nails! This material is relied upon in the most demanding of conditions every day! The Cordura material has a DWR coating to make each sand bag water resistant so you can wash these if needed.

PREMIUM SLED

TECHNICAL MEASURES

This heavy-gauge steel, solid welded construction, 42kg sled trains speed, quick ness, and explosiveness. Dual-point harness attachment provides an even load while pulling. Flat bottom rails slide smoothly on most surfaces. 36cm center post accommodates up to 143kg in Olympic plates.

Assembly Size: L121 x W114 x H88cm
Max load capacity: 225kg

SMALL SLED

TECHNICAL MEASURES

Assembly Size: L102 x W73 x H84cm
Max load capacity: 135kg

▷ CD8014



▷ FM1015



ARTIFICIAL GRASS

TECHNICAL MEASURES

Roll dimension 2 x 25 m

High density artificial grass available in rolls. Ideal to absorb weight loss, sled training or giving a touch of color to functional indoor areas or outdoor spaces.

▷ GT3505



STORAGE CONTAINER

Very large storage container to hold balls and accessories of various kinds and sizes. Equipped with wheels to always be placed where you need it.

Dimensions: 125 cm x 68 cm x 75 cm (H)

▷ CD8048



SOFT PLYOMETRIC BOX

TECHNICAL MEASURES
Outside cover is heavy duty vinyl leather, inter layer is soft material, inside is high density board.

CD9001:40 x 50 x 60cm
CD9001S:50 x 60 x 75cm

PLYOMETRIC BOX

TECHNICAL MEASURES
Get the advantage of three plyo boxes in one.

CD9002:40 x 50 x 60cm
CD9002S:50 x 60 x 75cm

▷ CD9001



▷ CD9001S



▷ CD9008



▷ CD9002



▷ CD9002S



▷ WL6021



FOAM PLYO BOX

Complete set of 4 mats made with high density foam boxes covered in heavy duty vinyl for maximum reliability and safety to guarantee non-deformability over time. Equipped with handles to be easily positioned and stored on each other.

TECHNICAL MEASURES

92 x 77 x 15 cm
92 x 77 x 30 cm
92 x 77 x 45 cm
92 x 77 x 60 cm

CLUBBELL

Guarantee excellent quality, resistance, grip and durability for total body workout at high intensity, allowing multiarticular movements developing muscle fluidity and elasticity. Great for Tactfit program.

Weights from 2.5 - 4,5 kg - 7 kg - 9 kg - 11 kg - 16 kg

▷ CD8058



▷ CD8055



▷ CD1101



▷ CD1102



▷ CD1103



▷ CD1105



TRAMPOLINE

TECHNICAL MEASURES

- ▷ CD8058 - HEXAGON TRAMPOLINE WITH HANDLEBAR
126 x 140 cm x 120 (H)
- ▷ CD8055 - REBOUND
Diameter 100 cm - Height 23 cm

SPEED ROPE

TECHNICAL MEASURES

- CD1101: Diam. 2,5 mm x 3 m plastic handles
- CD1102: Diam. 3,5 mm x 3,4 m plastic handles
- CD1103: Diam. 2,5 mm x 3 m plastic handles
- CD1105: Diam. 2,5 mm x 3 m aluminium handles

PRODUCT FEATURES

Designed and tested to outperform any other jump rope available. The Speed Rope has an ergonomically-designed handle that eliminates friction. Outstanding durability and unmatched speed in competitive categories. Additional features of the rope include: a height adjustable cord with a vinyl coating and technically superior speed bearings to ensure fluid and precise movement at high speeds.



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GYMNASTIC EQUIPMENT

RINGS
AB SLING / AB MAT
EXERCISE WHEELS
PARALLETES
WEIGHT VESTS
BATTLE / CLIMBING ROPES
ESPALIERS
PEG BOARDS
CRASH MATS

GYM RING

TECHNICAL MEASURES

(CE2101)ABS

Dia of handle: 2.8cm
Width of strap: 2.5cm
Length of strap: 4.6m

(CE2102)WOODEN

Made with the same superior quality you have come to expect, but with an elegant and secure gripping.

▷ CE2101 CE2102



AB SLING

TECHNICAL MEASURES

For strengthening and toning abdominal muscles.
Brushed nylon lining for enhanced comfort.
Forged steel carabineers lock on to any universal gym.
Size max width 18 cm Length 40 cm

▷ CE2103



AB MAT

TECHNICAL MEASURES

The AbMat is a totally one-of-a-kind abdominal exerciser and core trainer. A safe, comfortable design contoured to your lower back to provide support and to help prevent injury. One size fits all! Small & portable.

37 x 30 x 9 cm

▷ CE2104



▷ CE2105



▷ CE2115



▷ CE2106



▷ CE2107



EXERCISE WHEEL

TECHNICAL MEASURES

Build firmer, stronger abs and strength in the shoulders, chest, and core.
Extra-wide single wheel with ergonomic handles lets you perform roll-outs, inch worms, lat/diagonal pulls, and rolling planks.

CE2105

Size : Diam. 18cm x 26cm

CE2115

Size : Diam. 35cm x 56cm

EQUALIZER

TECHNICAL MEASURES

It is a total-body strength training piece of equipment that is extremely versatile. Train the arms, back and core muscles using your own body weight for resistance. Stack together for efficient storage when not in use.

Size : 64cm x 80cm x 73cm

Max Loading: 200 Kg

BIG PUSH UP

TECHNICAL MEASURES

Build upper body pressing strength while improving hand balancing and inverted skills.

Powder coated handles for better grip.
Welded Joint for extra rigidity.
Made from 38mm steel tube with 2mm thick ness.

Size : 36cm x 59cm x 31cm

Max Loading: 200 Kg

WEIGHT VEST

TECHNICAL MEASURES

This sweat-resistant cordura adjustable vest comes with flexible 1kg weighted iron blocks that fit easily and securely into hook-and-loop vest pockets. Large overlapping hook-and-loop waist straps secure vest tightly to body even while running, jumping, and bounding.

Weights:10kg, 20kg, 30kg

WEIGHT VEST

TECHNICAL MEASURES

Fashion camouflage pattern
Comes with flexible 2kg weighted iron blocks that fit easily and securely into hook-and-loop vest pockets. Large overlapping hook-and-loop waist straps secure vest tightly to body.

Weights:10kg, 20kg

CEILING BRACKET

Ceiling bracket for climbing rope.
Size 20 x 20 cm.

▷ CE3101



▷ CE3102



▷ ST3009



▷ CE5103



▷ CE5102



▷ CE5101



NYLON COVERED BATTLE ROPE

TECHNICAL MEASURES

With nylon cover
The same great metabolic and strength workout as before, now with the all-weather covered training ropes designed to withstand the toughest indoor and outdoor conditions. Each rope is available in various lengths.

Size:Φ 38mm x L15m Φ 50mm x L15m

BATTLE ROPE

TECHNICAL MEASURES

Nothing works the body for developing power and explosiveness quite like rope training. Various lengths and diameters push your stamina, grip strength and overall conditioning like no other. Find out what all of the excitement is about. Available in Black or White both 38mm and 50mm diam. Custom lengths is available.

Material: polypropylene fibre
Size:Φ 38mm x L15m Φ 50mm x L15m

CLIMBING ROPE

TECHNICAL MEASURES

Great for building upper body strength. Superior quality "Grade A" manila rope complete with specially-designed mounting bracket for easy installation to ceiling attachments. This natural fiber rope absorbs perspiration for the best grip and is extremely durable. 38mm/50mm diameter and custom lengths available.

Material: sisal
Φ 38mm x L4m Φ 38mm x L7m
Φ 38mm x L15m

SINGLE ESPALIER ▷ LN01SP

PRODUCT FEATURES

Espalier made of beech wood with ovoid section pegs. Natural painting and complete with galvanized steel brackets for wall mounting.

Height 250 cm
Width 93 cm.

DOUBLE ESPALIER ▷ LN02SP

PRODUCT FEATURES

Espalier made of beech wood with ovoid section pegs. Natural painting and complete with galvanized steel brackets for wall mounting.

Height 250 cm
Width 183 cm.

▷ LN02SP



▷ CE4102



▷ PG3000



PEG BOARD

Ideal to improve muscle strength and endurance of the arms, shoulders and core. The maximum height of 240 cm (official competition size) allows to train people of different stature. Two sticks 17 cm long useful for climbing are included. Made of multilayer birch.

TECHNICAL MEASURES

180 x 30 x 4 cm
240 x 30 x 4 cm

CRASH MAT

Padded foam rubber mattress covered in sturdy carbon-textured vinyl. Ideal to be placed under the Peg board, or inside the rig during suspension workouts. Foldable in half for easy storage.

TECHNICAL MEASURES

200 x 180 x 10 cm
Foldable

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GROUP TRAINING

PUMP SETS
BODY BARS
PUNCHING BAGS
STEPS / MATS
MEDICINE BALLS
EXERCISE BALLS
STABILITY TRAINING
YOGA / PILATES
VINYL DUMBBELL
ELASTIC BANDS
FOAM ROLLERS



PUMP SET

TECHNICAL MEASURES
Rubber plate pl26c: 1.25kg / 2pcs, 2.5kg / 2pcs, 5kg / 2pcs
Chromed hollow bar: 28 / 30 x 1300 mm
Spring collar: 1pair

PUMP SET RACK

TECHNICAL MEASURES
Assembly Size: 153 x 80 x 150 cm

▷ GT1000B



▷ ST1042



▷ GT1010



▷ GT1501



▷ GT1500



PUMP SET RACK

Assembly Size: 109 x 63 x 136 cm

BODY BAR

TECHNICAL MEASURES
Steel tube covered with tearproof foam.
Ø 25 / 2kg / L1250mm
Ø 25 / 3kg / L1250mm
Ø 25 / 4kg / L1250mm
Ø 25 / 5kg / L1250mm
Ø 28 / 6kg / L1250mm
Ø 32 / 8kg / L1250mm
Ø 36 / 10kg / L1250mm
Ø 40 / 12kg / L1250mm

BODY BAR RACK

TECHNICAL MEASURES
Assembly Size: 126 x 68 x 131 cm

PUNCHING STAND

TECHNICAL MEASURES

Weight 125 kg - filled with water
Weight 200 kg - filled with sand
Equipped with non-slip rubber pads
Adjustable height: 165 - 179 - 193 - 207cm.

PUNCHING BAG

Coated in resistant single-sided vinyl and filled with pressed rags and a layer of felt, to avoid deformation over time, this punching bag comes complete with chain and carabiner.

20 kg Diam. 35 cm H 80 cm
30 kg Diam. 35cm H 100 cm
40 kg Diam. 35cm H 120 cm
50 kg Diam. 35cm H 150 cm
60 kg Diam. 35cm H 180 cm

FREE STANDING PUNCHING BAG

Bouncy bag able to return to an upright position after the hit.
Diam. 30cm H 163cm
Weight 30 kg

▷ SB2800



▷ SB2000



▷ SB6008



▷ SP2018



▷ CD8033



▷ CD8034



STEP PLATFORM

TECHNICAL MEASURES

Assembly Size: 106 x 43 cm
Adjustable heights: 12-17-22 cm

Step platform that can be used as a standard step, or to increase the difficulty of the workout using the modular bases for different training options.

AEROBIC STEP

TECHNICAL MEASURES

Dimension: 98 x 38 cm
Adjustable heights: 10-15-20 cm for all fitness levels.

AEROBIC STEP

TECHNICAL MEASURES

Dimension: 110 x 41 cm
Adjustable heights: 10-15-20 cm for all fitness levels.

NBR YOGA
MAT

TECHNICAL MEASURES
Size:
180 x 60 x 1 cm
180 x 60 x 1.5 cm

TPE YOGA
MAT

TECHNICAL MEASURES
Size: 180 x 60 cm
Thickness: 0.6 cm

PVC YOGA
MAT

TECHNICAL MEASURES
Size: 100 x 60 cm
Thickness: 0.6 cm

▷ FY1002



▷ FY1003



▷ FY1005



▷ GT1020



▷ GT1021



▷ CD8037



▷ GT3502



MAT
RACK

TECHNICAL MEASURES
GT1020
Dimension 60x30 cm.
Max number of mats: about 20
GT1021
Dimension 59x34 cm.
Max number of mats: about 20

MEDICINE
BALL

TECHNICAL MEASURES
Bouncing ball for Pilates, functional training,
group activities, sports training and medical
fitness.
Weight:
1kg-10kg in 1kg increments

MEDICINE BALL
RACK

TECHNICAL MEASURES
Stores up to 10 medicine balls.
Assembly size: 107 x 56 x 147 cm

EXERCISE BALL

TECHNICAL MEASURES

Fit Ball ideal for Pilates workout and postural exercises.
Diameter: 55 - 65 - 75 cm

▷ CD8045



STABILITY DISC

Adjustable cushion for functional training, useful to improve stability and motor coordination.
Diameter 39 cm.

▷ CD8015



BALANCE BOARD

Proprioceptive wooden balance board, to develop strength, coordination and balance. Equipped with non-slip support base for safe training.
Diameter 40 cm.

▷ CD8016



▷ CE1788



▷ CE1762



▷ CD8046



PILATES RING

TECHNICAL MEASURES

Ring equipped with two side handles, ideal for training the upper body but also, positioned between the thighs, to increase the workout of the adductors.
Size Diam 36 cm

YOGA BRICK

TECHNICAL MEASURES

Brick for Yoga and soft gymnastics, group fitness and various bodyweight exercises.
Dimension: 23 x 15 x 8 cm (H)

SOFT BALL PILATES

TECHNICAL MEASURES

Suitable for various exercises ranging from muscle strengthening to soft gymnastics. Useful in Pilates training, in pre and postpartum courses and in courses with senior people.
Diam. 23 cm

SQUAT BELT

TECHNICAL MEASURES

Russian belt made in polypropylene with neoprene pad. Length 140 cm.
Great for training quadriceps, hamstrings, back and neck.

▷ CE1393



▷ CD8017



HALF BALL WITH HANDLES

Half Ball equipped with handles.
Dimensions Diam 69 cm x 25 cm (H).
Max loading 150 kg.

▷ CD8018



HALF BALL

Half Ball available color Black or Orange.
Dimensions Diam 69 cm x 25 cm (H).
Max loading 150 kg.

▷ WL7113



▷ WL3002



▷ WL3011



VINYL DUMBBELL RACK

TECHNICAL MEASURES

64 x 53 cm x 118 (H)

VINYL DUMBBELL

These comfortable and colored small dumbbells are indicated for all fitness group classes.
From 1 to 5 kg with 1 kg increments

▷ CP1100



NEOPRENE ANKLETS/WRISTS

They allow a vast amount of exercises in fitness and for the gradual rehabilitation of muscle tone.
Equipped with neoprene lining, they have a comfortable adjustable closure and are ideal for supporting wrists and ankles during training.

From 0.5 kg to 2.5 kg with 0.5 kg increments

ELASTIC ROLLS/BAND

Resistance levels: light - medium - strong - extrastrong.

BE1700 Size: 25m

BE1730 Size: 120cm

BODYTUBE PRO SET

Set of 6 different elastic tubes with handles

ELASTIC TUBE 8 SHAPED

Made in Italy elastic tubes.

Resistance levels: light - medium - strong - extrastrong

ELASTIC BANDS

BE1780 Rubber elastic bands

Resistance levels: light - medium - strong - extrastrong - extra-extrastrong

BE1790 Textile elastic bands

Resistance levels: light - medium - strong - extrastrong

▷ BE1700/1730



▷ BE1810



▷ BE1760



▷ BE1780



▷ BE1790



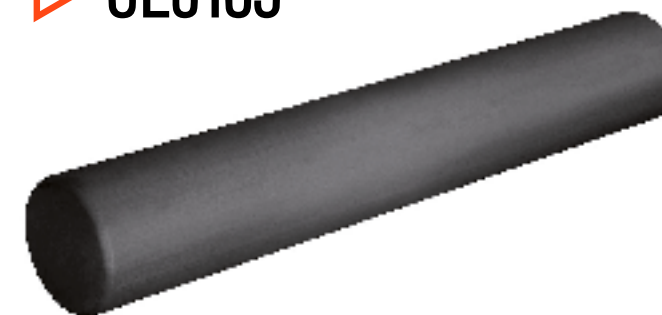
▷ CE6112 CE6103



▷ CE6101



▷ CE6105



▷ GT1030



FOAM ROLLER

PRODUCT FEATURES

Ideal for pilates, core, ab and back stabilization and strengthening.

Made from premium EVA foam.

Essential balance training tool.

Release myofascial tightness and self massage of the back, calf, hamstring, glutes and quads.

CE6112 Size Diam. 14cm x 33 cm

Maximum user weight: 80 Kg

CE6103 Size Diam. 14cm x 33 cm

Maximum user weight: 60 Kg

EVA MASSAGE ROLLER

CE6101 Size Diam. 15 cm x 90 cm

EVA MASSAGE ROLLER SMOOTH

CE6105 Size Diam. 15 cm x 90 cm

EVA ROLLER RACK

It allows to comfortably store up to 7 long rollers.

Size: 107x93x17cm

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CARDIO EQUIPMENT

TREADMILLS
BIKES
ELLIPTICALS
ROWERS
SKIERGS



SPIN BIKE

Extremely resistant and reliable spinbike, made of chrome molybdenum steel and equipped with a resistance system with flywheel of 21 kg, a knob control, and a braking system with an operating button.

▷ CD0724



UPRIGHT BIKES

We can supply different kinds of upright bikes for home or commercial use, maintaining the best quality and price level affordable.



RECUMBENT BIKES

We can supply different kinds of recumbent bikes for home or commercial use, maintaining the best quality and price level affordable.



▷ CD2712



▷ CD2900



▷ CD2715



▷ CD2720

ROWER CONCEPT

MODEL D PM 5

Recognised by competitive rowers as a standard for indoor training, includes a most advanced monitor, showing heart rate, pace and watts.

The flywheel design minimizes noise while maximizing a smooth feel in every stroke. With its low profile 35 cm seat height, the rower reproduces sensations of real life strokes.

BIKEERG CONCEPT PM 5

Unlike most stationary bikes, it has a clutch, so just like a real bike, when you stop pedaling, the flywheel keeps on spinning.

Equipped with a monitor with many parameters, flywheel for smooth and silent pedaling, and a damper that replaces the gears, to change the intensity of training.

SKIERG CONCEPT PM5

This equipment makes Nordic skiing available to everyone, developing both strength and endurance for legs, arms and core.

Equipped with flywheel resistance and an advanced monitor, providing many performance data.

FLOOR STAND

AIR BIKE

Synchronizes the movement of arms and legs, training the upper and lower body. The paddle resistance system creates air flows, making the workout more comfortable and pleasant. Equipped with adjustable saddle, multiple handles, digital console with information on time, distance, training load, burned calories and heart rate.

▶ CD0700



TREADMILLS

We can supply different kinds of tapis roulant for home or commercial use, maintaining the best quality and price level affordable.



ELLIPTICALS

We can supply different kinds of ellipticals for home or commercial use, maintaining the best quality and price level affordable.



CURVED TREADMILLS

Available with or without magnetic brake device.



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GYM FLOORING

RUBBER FLOOR MATS
TATAMI MATS



RUBBER FLOORING MAT

MEDIUM AND ULTRAFINE GRANULE

TECHNICAL MEASURES

Made in Italy gym floor made of ecological rubber. Shock absorbent and perfect for exercise rooms, multifunctional training areas, and locker rooms. Easy to install, low maintenance. Supplied in black or other colours on request. Your Logo on request

Size :
100 x 100 x 1.0cm
100 x 100 x 1.5cm
100 x 100 x 2.0cm
100 x 100 x 2.5cm

ROLL RUBBER FLOORING MAT

TECHNICAL MEASURES

Made in Italy, durable athletic, gym and exercise flooring. Great for home gym floors, exercise rooms, multifunctional training areas and locker rooms. Easy to install, low maintenance.

Size:
10 m x 125 cm – thickness 6 mm
8 m x 125 cm – thickness 8 mm
6 m x 125 cm – thickness 10 mm

▷ PG1001 PG1002



Your logo on request

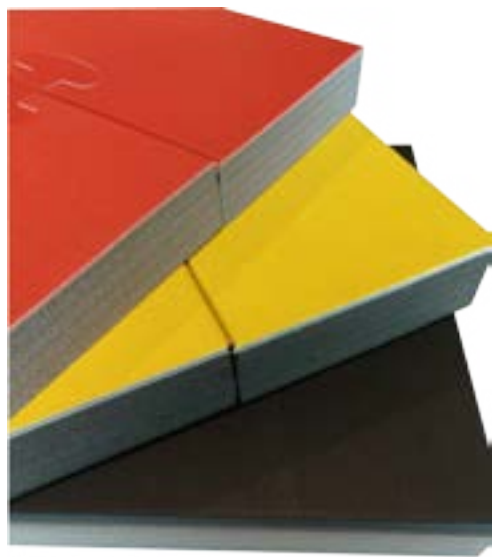
▷ PG1003



▷ PG6000/series



▷ PG6000/series



TATAMI

TECHNICAL MEASURES

We provide tatami mats of the best quality, for different martial arts, considering athletes' needs and characteristics, and responding to competition regulations.

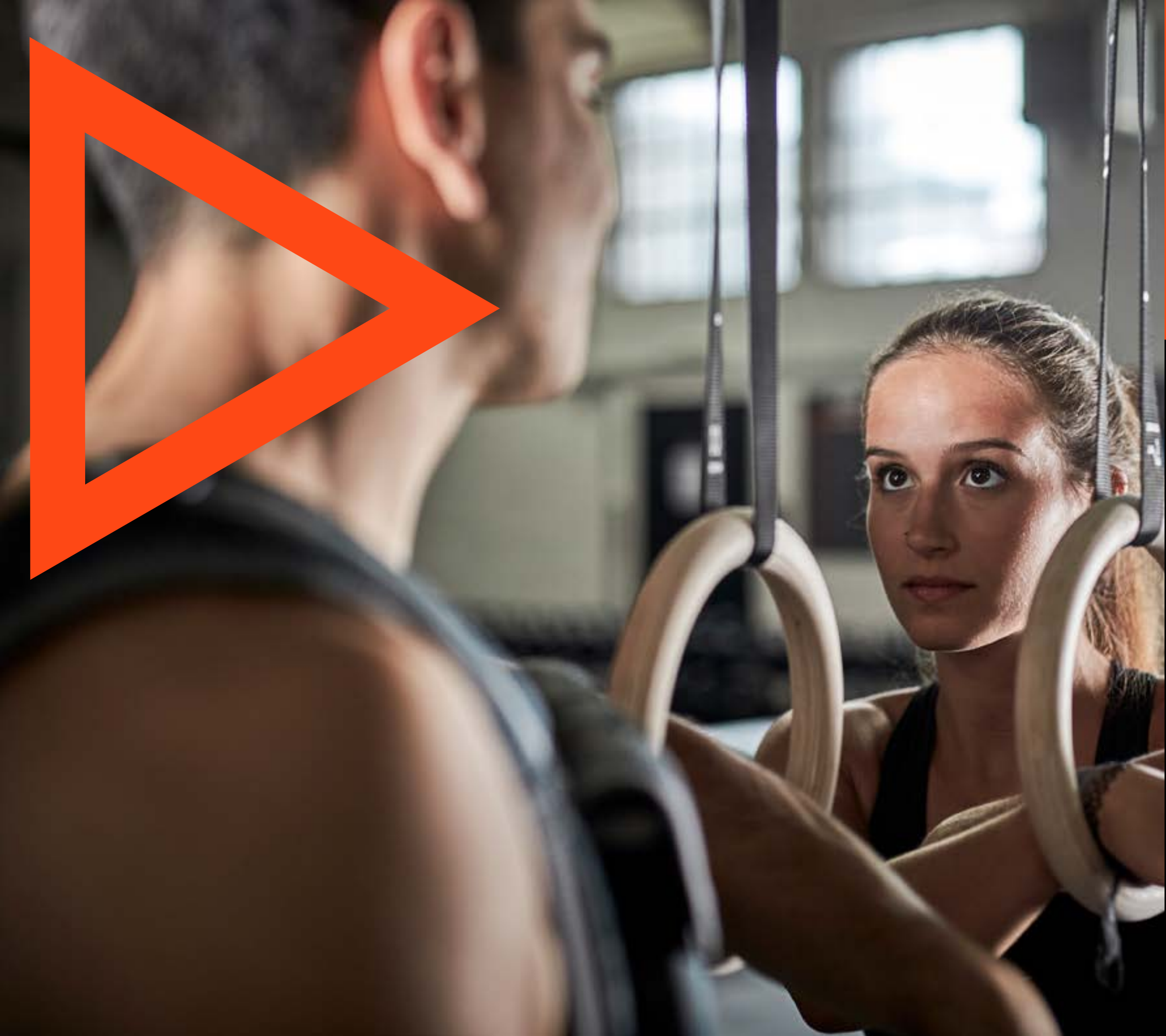
Models available:

- Multisport Entry Red/Green
100 x 100 x 2,2 cm
- Multisport Basic Blue/Red
100 x 100 x 2,2 cm
- Taekwondo ITF Approved
100 x 100 x 2,2 cm
- Karate WKF Approved
100 x 100 x 2 cm
- Basic Plus Red/Blue
100 x 100 x 3 cm
- Multisport Gym Red/Black
100 x 100 x 3,5 cm
- Multisport Induction IJF Ed.5 Layers
100 x 100 x 4 cm
- Multisport Performance 4 Layers
100 x 100 x 4 cm

TATAMI

TECHNICAL MEASURES

- TIS Judo IJF Approved Yellow
200 x 100 x 5 cm
- TIS Judo Training Black
200 x 100 x 5 cm
- TIS Judo Easy Red
200 x 100 x 4 cm



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DRESSING ROOM

WARDROBES
SAFE-DEPOSIT BOXES
BENCHES

WARDROBES

We set up changing rooms with wardrobes of various sizes, finishes and colors, up to 12 doors. The cabinets we offer are realized in melamine wood and they are made with artisanal care.

TECHNICAL MEASURES

Dimensions:

- 1 door cm 41x45x200 (H)
- 2 doors cm 82x45x200 (H)
- 3 doors cm 102x45x200 (H)
- 4 doors cm 82x45x200 (H)
- 6 doors cm 102x45x200 (H)
- 8 doors cm 82x45x200 (H)
- 9 doors cm 107x36x182 (H)
- 12 doors cm 82x45x200 (H)

▷ SP4000/series



▷ SP4001/series



SAFE-DEPOSIT BOXES

The range of safe-deposit boxes we offer is designed for sports environments and is fully customizable, in colors and sizes.

TECHNICAL MEASURES

20 drawers 20x20 cm
Cm 84x25x104 (H)

24 drawers 20x20 cm
Cm 63x25x165 (H)

30 drawers 20x30 cm
Cm 104x25x185 (H)

40 drawers 20x20 cm
Cm 104x25x165 (H)

18 drawers 20x20 cm
+ 9 drawers 40x40 cm
cm 124x30x185 (H)

BENCHES

TECHNICAL MEASURES

Benches of different types: simple, equipped with backrest and / or bag support. Made with stainless steel frame, wooden slats, and smooth and rounded edges. Available in different length:

- 1 meter
- 1.5 meters
- 2 meters





SPART[®]

SMART TRAINING SOLUTIONS

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