



# SPART<sup>®</sup>

[www.spartfitness.it](http://www.spartfitness.it)

## WEIGHT LIFTING

OLYMPIC BARS  
HEX BARS  
POWER BANDS  
BUMPER PLATES  
KETTLEBELL  
DUMBBELL  
WOODEN JERK BLOCKS  
WEIGHTLIFTING PLATFORM  
DROP MATS  
HANDLEBARS



## ▷ OBM-86-80-66-47C



# OLYMPIC BAR

Full olympic barbell line, abrasion resistant on the barshaft and sleeves, and realized in industrial hard chrome. Equipped with bearings and brush bushing for remarkable characteristics of resistance and flexibility, ideal for weightlifting and crosstraining.

**Maximum load for the first two bars 700Kg**

### PRODUCT FEATURES

- **OLYMPIC WL BAR(OBM-86)**  
Total Length: 2200mm  
Satin Finish: Abrasion resistant industrial hard chrome on the bar shaft and sleeves
- **WOMEN'S OLYMPIC WL BAR(OBM-80)**  
Total Length: 2010mm  
Satin Finish: Abrasion resistant industrial hard chrome on the bar shaft and sleeves
- **JUNIOR TRAINING BAR(OBM-66)**  
Total Length: 1680mm  
Satin Finish: Abrasion resistant industrial hard chrome on the bar shaft and sleeves
- **SHAPED BAR(OBM-47C)**  
Total Length: 1200mm  
Satin Finish: Abrasion resistant industrial hard rock oxide on the bar and chrome on the sleeves



## ▷ OBM-86-MBB



## ▷ OBM-80-HBB



## ▷ OBM-86C



CERAKOTE COATING



## ▷ OBM-80C



CERAKOTE COATING



## MAN CROSS BAR

Olympic barbell, realized in total black design. Equipped with **brass bushing**, great for crosstraining.

**Maximum load 700 Kg**

## WOMAN CROSS BAR

Olympic barbell, realized in total black design. Equipped with **brass bushing**, great for crosstraining.

**Maximum load 700 Kg**

## MAN CERAKOTE BAR

Olympic barbell abrasion resistant on the barshaft and sleeves, and realized in industrial hard chrome. Equipped with **bearings** and **brass bushing** so remarkably resistant and flexible, it is ideal for crosstraining and weightlifting. The ceramic coating in Cerakote alloy makes it extremely resistant and flexible, for the most demanding athletes and crossfitters.

**Maximum load 750 Kg**

## WOMAN CERAKOTE BAR

Olympic barbell abrasion resistant on the barshaft and sleeves, and realized in industrial hard chrome. Equipped with **bearings** and **brass bushing** so remarkably resistant and flexible, it is ideal for crosstraining and weightlifting. The ceramic coating in Cerakote alloy makes it extremely resistant and flexible, for the most demanding athletes and crossfitters.

**Maximum load 750 Kg**

# OLYMPIC BARS RACK

## TECHNICAL MEASURES

WL4500 Bar support nine barbells  
WL4500 Assembly Size: L50 x W50 x H16cm

FK1018 Bar support eight barbells  
FK1018 Assembly Size: L83 x W50 x H30 cm

# BARBELL WALL RACK

## TECHNICAL MEASURES

Barbell wall rack 6 barbells  
Size: 14,5 x 7 cm each - 106 cm (H)

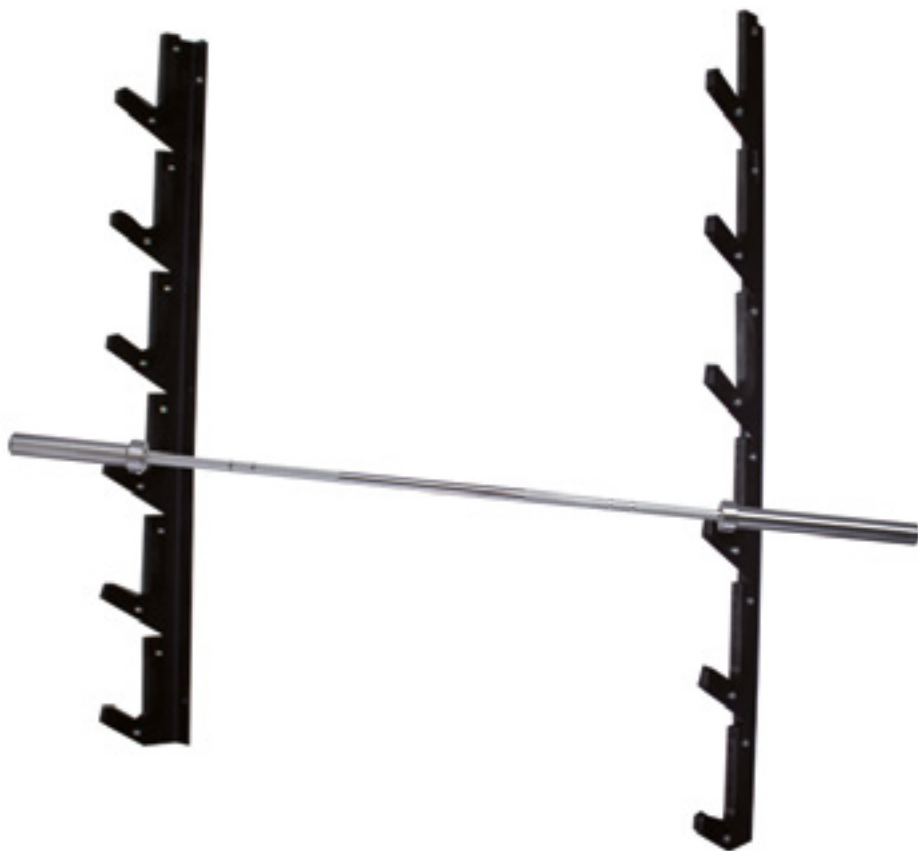
### ▷ WL4500



### ▷ FK1018



### ▷ WL7114



### ▷ WE1003



### ▷ WL4001



### ▷ ST3017



# LIFTING BELT

Size: 105 x 10 cm  
Size: 115 x 10 cm  
Size: 125 x 10 cm

Weight lifting belt, made of high quality leather. Provides a firm grip both on the equipment and on wear clothing, also thanks to the double hook buckle with which it is provided.

# HEX BAR

## TECHNICAL MEASURES

Assembly size: 168 x 80 x 29 cm  
Main pipe: 50 x 3 mm  
Packing size: 96 x 45 x 19 cm  
G.W./N.W.: 27 Kg / 24 Kg  
Max loading: 300 Kg

## PRODUCT FEATURES

Ideal for Dead lifts, Squats, Shrugs, Farmers Walk and Core Fitness, our Hex Bar comes with rotating handles which enable user to vary the grip, intensifying and adjusting the workout. Three different handles can adapt to any workout.

Elegant Made in Italy design and top reliability.

# BARBELL RACK

Size: 46 x 46 x 36 cm (H)

Max loading: 400 Kg

Support designed as a landing base for barbells and help for beginners.



## BAR PAD

### TECHNICAL MEASURES

Length 45 cm

It is made with foam covered PVC which provides supreme cushion (even with very heavy weights) where the body contacts the barbell to provide maximum cervical vertebrae (neck) support.

## BARBELL PAD

### TECHNICAL MEASURES

Length 45 cm

## SPRING COLLARS

### ▷ WL8501

Ideal for 50 mm bar

### ▷ WL8502

Ideal for 50 mm bar

## BARBELL COLLARS

CL1003 Aluminium 50mm  
CL1001 Plastic 28mm/50mm

Designed to be used on 50mm(or 28mm) Olympic Bar Sleeves Rubberized interior lining to protect bar locking clamp mechanism for secure hold.

### ▷ WE7003



### ▷ WE7004



### ▷ WL8501



### ▷ WL8502



### ▷ CL1003



### ▷ CL1001



### ▷ WL7003



### ▷ WE7005



### ▷ WE7006



### ▷ WL8014



## POWER BAND

A power lifter's favorite! Resistance bands attach to bars and benches for added reistance during lifts. Bands are also an effective stretching tool. Sturdy seamless constrution.

Colors: RED, BLACK, PURPLE, GREEN, ORANGE

Size:

200cm x 1.3cm x 0.45cm

(Resistance is 7kg - 16kg)

200cm x 2.2cm x 0.45cm

(Resistance is 11kg - 30kg)

200cm x 3.2cm x 0.45cm

(Resistance is 16kg - 38kg)

200cm x 4.4cm x 0.45cm

(Resistance is 22kg - 56kg)

200cm x 6.5cm x 0.45cm

(Resistance is 30kg - 80kg)

## GYMNASTIC GRIPS

### TECHNICAL MEASURES

This beginner grip is a basic palm protector made of soft leather. Polypropylene wrist cuff and hook and loop closures

WE7005 Size: L, XL

WE7006 Size: S/M, L/XL

## GYM CHALK

300 gr

It is designed for climbing on rock or artificial walls. It's also great for use on flying trapeze or for absorbing excess adhesive after taping an aerial hoop.

# RUBBER BUMPER PLATE

Plates feature solid rubber construction  
Include solid steel inserts to protect equipment as well as facilitate easier plate loading and removal  
Durable, rugged plates are engineered to meet the most demanding bumper plate standards

Drop test :  
2m x 5000 repetitions  
Steel rim bushing.  
Weights:  
5kg-25kg in 5kg increments

# BUMPER PLATE RACK

TECHNICAL MEASURES  
Assembly Size: 146x34x28cm

The rack can be loaded with bumper plate:  
1kg x 2pcs, 1.5kg x 2pcs,  
2kg x 2pcs, 2.5kg x 2pcs,  
  
5kg x 2pcs, 10kg x 2pcs  
15kg x 2pcs, 20kg x 2pcs, 25kg x 2pcs

# FRACTIONAL BUMPER PLATE

TECHNICAL MEASURES  
CPU urethane encased fractional bumper plates, providing great durability for a safe and more personalized powerlifting workout.

Weights:  
1kg, 1.5kg, 2kg, 2.5kg

▷ WL5001



▷ WL5002



▷ WL5006



▷ WL5005



▷ ST1047



▷ WL5009



# URETHANE BUMPER PLATE(CPU)

CPU Urethane encased outer shell provides unsurpassed durability.  
Special stainless steel rim bushing.  
One-piece steel hub, no bolts or welds  
Urethane shell is molded and cured around a large inner flange to ensure strength and stability of the bumper as one unit  
Urethane encasing has low bounce creating a safer environment for athletes.

Drop test :  
2m x 10000 repetitions  
Steel rim bushing.  
Weights:  
5kg-25kg in 5kg increments

# VERTICAL PLATE RACK

TECHNICAL MEASURES

Size: 74 x 60 x 120 cm (H)

Space saving bumper plate rack, equipped with wheels.

# BLACK BUMPER PLATE

TECHNICAL MEASURES

Drop test: 2m x 5000 repetitions  
Steel rim bushing  
Weights: 5kg-25kg in 5kg increments



## COMPETITION STEEL KETTLEBELL

Steel kettlebells have an unpainted handle, allowing chalk to stick better. Competition colors are used for easy identification. All kettlebells are the same size and diameter-makes going up in weight an easier transition.

Weights:  
8kg-24kg in 2kg increments  
28kg, 32kg, 36kg, 40kg, 44kg, 48kg

## SOFT KETTLEBELL

Made of heavy-duty vinyl, strong and hard-wearing.  
Black painting iron handle.  
Don't worry about dropping them on your toe or damaging your floor by accident.

Weights:  
4kg-10kg in 2kg increments  
12kg, 16kg.

## CLASSICAL KETTLEBELL

One piece, cast iron bell has no fillers.  
New coating makes bells more consistent and durable.  
Use for squats, cleans, jerks, snatches, rotational swings and more.

Weights:  
4kg - 18 kg in 2kg increments  
20kg, 24kg, 28kg, 30kg, 32kg, 36kg, 40kg

### ▷ WL6002



### ▷ WL6003



### ▷ WL6001



### ▷ WL6007



### ▷ WL7103



### ▷ WL7104



## PRO STYLE KETTLEBELL

Professional kettlebells with different color for each weight increment.  
The wide and flat base allows stability and safety when used as a support for various exercises.  
All kettlebells feature a matte black, powder coat finish.

Weights: 4kg-12kg in 2kg increments;  
16kg-32kg in 4kg increments

## URETHANE KETTLEBELL

The new kettlebell range delivers the durability, toughness and performance exercisers expect from hammer strength.  
Featu ring a rugged rubber shell and smooth handle, these kettlebells help both athletes and everyday exercisers achieve outstanding results.

Weights:  
4kg-12kg in 2kg increments  
16kg-24kg in 4kg increments

## KETTLEBELL RACK

### TECHNICAL MEASURES

Assembly Size:120 x 52 x 85 cm (H)

## HEXAGON DUMBBELL

Cast metal dumbbell heads encased with a thick rubber coating to prevent chipping and help protect floors and equipment. Solid steel knurled ergonomic handle with zinc coating.

Weights:  
1kg-10kg in 1kg increments  
12.5kg-50kg in 2.5kg increments  
55kg-80kg in 5kg increments

### ▷ WL3005



### ▷ WL3105



## DUMBBELL RACK

Assembly Size: 143 x 65 x 87 cm  
For 13 pairs dumbbells

## ROUND DUMBBELL

WL3010

Extremely handy and reliable round rubber dumbbells. Straight and knurled handle for optimal grip, suitable for professional use. New total black design and guaranteed resistance.

### TECHNICAL MEASURES

Weights:  
1kg-50kg in 2.5kg increments

### ▷ WL3010



### ▷ WL7101



### ▷ WL7102 WL7112



## DUMBBELL RACK

WL7102(6 Pairs)  
Assembly Size: 125 x 52 x 81 cm  
WL7112(12 Pairs)  
Assembly Size: 245 x 52 x 81 cm

WL7101

Novel exterior, eco-friendly Polyurethane material, high quality, Commercial resistance to high impacts. Steel inside with Hard Chrome handle. Top quality for the professional gym.

### TECHNICAL MEASURES

Weights:  
1kg-10kg in 1kg increments  
12.5kg-50kg in 2.5kg increments

# URETHANE OLYMPIC PLATE

Aesthetically pleasing design. Perfect for the professional gym! Eco-friendly polyurethane. Commercial resistance to high impacts. Stainless steel rim. Hole diam 50mm.

Weights:  
1.25kg 2.5kg  
5kg-25kg in 5kg increments

# PLATE RACK

Assembly Size: 70 x 70 x 120 cm (H)

▶ WL7105



▶ WL7106



▶ WL7107



▶ WL7108



# PU BARBELL SET

From 10 to 20 kg with 2.5 kg increments  
From 25 to 45 kg with 5 kg increments

Straight pre-loaded barbells

# PU SHAPED BARBELL SET

From 10 to 20 kg with 2.5 kg increments  
From 25 to 45 kg with 5 kg increments

Curved pre-loaded barbells



# WOODEN JERK BLOCK

## TECHNICAL MEASURES

SIZE :

- 91 x 51 x 6CM
- 91 x 51 x 15CM
- 91 x 51 x 30CM
- 91 x 51 x 38CM

## PRODUCT FEATURES

The jerk blocks are not limited to only the push jerk, some other potential uses would be: partial deadlifts, barbell rows, box jumps, shoulder presses, step ups, bodyweight bar rows, and more. The top platform must be used on top of the stack when the sets are in use.

# WEIGHT LIFTING PLATFORM

## TECHNICAL MEASURES

ASSEMBLY SIZE : 256 x 206 x 3.2CM

## PRODUCT FEATURES

The weightlifting platform has a 50×25mm steel frame that bolts together. Easily with gusseted comers. The rubber surface is shock absorbing and will cause less wear and tear on your equipment. It also dampens the sound when dropping a fully loaded barbell. Also it is with additional band peg set for your dynamic effort workout.

### ▷ CD9003



### ▷ WL7001



### ▷ PG1050



# DROP MAT

## TECHNICAL MEASURES

- SIZE : 100 x 50 x 14 cm (H)
- PADDING : agglomerate 120 kg/cub.m
- COVERING : black double-faced PVC

## PRODUCT FEATURES

Couple of professional cushions made of special multilayer agglomerate, with Carbon coating, to absorb the falls of the barbell at full load. Equipped with handles and eyelets. Made in Italy quality.

# HANDLEBARS

REVOLVING LAT BAR

▷ WL8100



REVOLVING LAT BAR

▷ WL8101



REVOLVING LAT BAR

▷ WL8102



REVOLVING LAT BAR

▷ WL8103



TRICEP PRESS DOWN BAR

▷ WL8300



REVOLVING PRESS DOWN BAR

▷ WL8301



TRICEP PRESS DOWN BAR

▷ WL8302



REVOLVING CURL BAR

▷ WL8200



REVOLVING LAT BAR

▷ WL8201



REVOLVING CURL BAR

▷ WL8202



REVOLVING CURL BAR

▷ WL8203



REVOLVING CURL BAR

▷ WL8204



MULTI PURPOSE V-BAR

▷ WL8303



REVOLVING MULTI EXERCISE BAR

▷ WL8304



SINGLE TRICEP ROPE

▷ WL8305



PRO TRICEP ROPE

▷ WL8306



TRACTION PADDED ANKLET

▷ CP1231



SINGLE GRIP HANDLE

▷ WL8307



REVOLVING LOW PULLEY BAR

▷ WL8308



CABLE ATTACHMENT RACK

▷ WL8400

Assembly Size : 47 x 43 x 101cm



LOW PULLEY BAR

▷ WL8309



SINGLE GRIP HANDLE STRAP

▷ WL8310

