



SPART®

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GYMNASTIC EQUIPMENT

RINGS
AB SLING / AB MAT
EXERCISE WHEELS
PARALLETES
WEIGHT VESTS
BATTLE / CLIMBING ROPES
ESPALIERS
PEG BOARDS
CRASH MATS

GYM RING

TECHNICAL MEASURES

(CE2101)ABS

Dia of handle: 2.8cm

Width of strap: 2.5cm

Length of strap: 4.6m

(CE2102)WOODEN

Made with the same superior quality you have come to expect, but with an elegant and secure gripping.

▷ CE2101 CE2102



AB SLING

TECHNICAL MEASURES

For strengthening and toning abdominal muscles.

Brushed nylon lining for enhanced comfort. Forged steel carabineers lock on to any universal gym.

Size max width 18 cm Length 40 cm

▷ CE2103



AB MAT

TECHNICAL MEASURES

The AbMat is a totally one-of-a-kind abdominal exerciser and core trainer. A safe, comfortable design contoured to your lower back to provide support and to help prevent injury. One size fits all! Small & portable.

37 x 30 x 9 cm

▷ CE2104



▷ CE2105



▷ CE2115



▷ CE2106



▷ CE2107



EXERCISE WHEEL

TECHNICAL MEASURES

Build firmer, stronger abs and strength in the shoulders, chest, and core.

Extra-wide single wheel with ergonomic handles lets you perform roll-outs, inch worms, lat/diagonal pulls, and rolling planks.

CE2105

Size : Diam. 18cm x 26cm

CE2115

Size : Diam. 35cm x 56cm

EQUALIZER

TECHNICAL MEASURES

It is a total-body strength training piece of equipment that is extremely versatile. Train the arms, back and core muscles using your own body weight for resistance. Stack together for efficient storage when not in use.

Size : 64cm x 80cm x 73cm

Max Loading: 200 Kg

BIG PUSH UP

TECHNICAL MEASURES

Build upper body pressing strength while improving hand balancing and inverted skills.

Powder coated handles for better grip.

Welded Joint for extra rigidity.

Made from 38mm steel tube with 2mm thick ness.

Size : 36cm x 59cm x 31cm

Max Loading: 200 Kg

WEIGHT VEST

TECHNICAL MEASURES

This sweat-resistant cordura adjustable vest comes with flexible 1kg weighted iron blocks that fit easily and securely into hook-and-loop vest pockets. Large overlapping hook-and-loop waist straps secure vest tightly to body even while running, jumping, and bounding.

Weights:10kg, 20kg, 30kg

WEIGHT VEST

TECHNICAL MEASURES

Fashion camouflage pattern
Comes with flexible 2kg weighted iron blocks that fit easily and securely into hook-and-loop vest pockets. Large overlapping hook-and-loop waist straps secure vest tightly to body.

Weights:10kg, 20kg

CEILING BRACKET

Ceiling bracket for climbing rope.
Size 20 x 20 cm.

▷ CE3101



▷ CE3102



▷ ST3009



▷ CE5103



▷ CE5102



▷ CE5101



NYLON COVERED BATTLE ROPE

TECHNICAL MEASURES

With nylon cover
The same great metabolic and strength workout as before, now with the all-weather covered training ropes designed to withstand the toughest indoor and outdoor conditions. Each rope is available in various lengths.

Size:Φ38mm x L15m Φ50mm x L15m

BATTLE ROPE

TECHNICAL MEASURES

Nothing works the body for developing power and explosiveness quite like rope training. Various lengths and diameters push your stamina, grip strength and overall conditioning like no other. Find out what all of the excitement is about. Available in Black or White both 38mm and 50mm diam. Custom lengths is available.

Material: polypropylene fibre
Size:Φ38mm x L15m Φ50mm x L15m

CLIMBING ROPE

TECHNICAL MEASURES

Great for building upper body strength. Superior quality "Grade A" manila rope complete with specially-designed mounting bracket for easy installation to ceiling attachments. This natural fiber rope absorbs perspiration for the best grip and is extremely durable. 38mm/50mm diameter and custom lengths available.

Material: sisal
Φ38mm x L4m Φ38mm x L7m
Φ38mm x L15m

SINGLE ESPALIER

▷ LN01SP

PRODUCT FEATURES

Espalier made of beech wood with ovoid section pegs. Natural painting and complete with galvanized steel brackets for wall mounting.

Height 250 cm
Width 93 cm.

DOUBLE ESPALIER

▷ LN02SP

PRODUCT FEATURES

Espalier made of beech wood with ovoid section pegs. Natural painting and complete with galvanized steel brackets for wall mounting.

Height 250 cm
Width 183 cm.

▷ LN02SP



▷ CE4102



▷ PG3000



PEG BOARD

Ideal to improve muscle strength and endurance of the arms, shoulders and core. The maximum height of 240 cm (official competition size) allows to train people of different stature. Two sticks 17 cm long useful for climbing are included. Made of multilayer birch.

TECHNICAL MEASURES

180 x 30 x 4 cm
240 x 30 x 4 cm

CRASH MAT

Padded foam rubber mattress covered in sturdy carbon-textured vinyl. Ideal to be placed under the Peg board, or inside the rig during suspension workouts. Foldable in half for easy storage.

TECHNICAL MEASURES

200 x 180 x 10 cm
Foldable